

Promoting Personal, Social Health Education (PSHE) and Citizenship in Primary Schools

Guidance to support planning and assessing Personal, Social, Health and Economic Wellbeing and Citizenship





Children and Young People's Service



North Yorkshire County Council

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Section One

Acknowledgements and Introduction

Acknowledgements

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Bridget Watt Senior Primary Adviser Quality and Improvement Service North Yorkshire County Council

Introduction

This document is designed to support primary schools in planning and assessing personal, social, health education and citizenship. The guidance will support schools in meeting the requirements and framework of the Primary National Curriculum and the DCSF Careers Education Framework 7-19 (2009) and in becoming a school fit for the 21st Century. It is aligned closely with the Early Years Foundation Stage Framework and the Secondary National Curriculum.

All schools should have high quality, planned curricular provision for Personal Social Health and Economic Education and Citizenship to promote children and young people's personal development and well-being and to embed work-related learning activities in key stage two. In so doing, schools will contribute to enabling children to become successful learners, confident individuals and responsible citizens.

This document describes how this can achieved through:

- Developing confidence, responsibility and making the most of individuals' abilities;
- Developing a healthier, safer lifestyle;
- Preparing to play an active role as citizens;
- Developing good relationships and respecting the differences between people.

Using flexible planning models allows for cross-curricular links, discrete teaching, rolling programmes and for SEAL to be embedded within the whole PSHE and Citizenship curriculum.

This document provides a range of planning models and teaching and assessment guidance that have been developed and trialled by primary teachers. The elements of citizenship, sex and relationships education, staying safe (including drugs, alcohol and tobacco education – DATE), financial education, keeping healthy, e-safety, and links to SEAL have been colour coded throughout. This is intended to facilitate ensuring that curricular coverage is broad and balanced and statutory entitlements are met.

Early Years Foundation Stage (EYFS)

In this document the North Yorkshire EYFS outcome statements have been separated into these four strands and colour-coded, in order to show progression from the EYFS to end of upper primary. For further information, please refer to Social and Emotional Aspects of Development (SEAD)

(<u>http://nationalstrategies.standards.dcsf.gov.uk/node/180421</u>) to access the SEAL red booklets for EYFS.

P Scales

P Scales have been included to support those children identified with SEN still working towards Level 1. For further information on P Scales relating to PSHCEE, please refer to Planning, Teaching and Assessing the Curriculum for Pupils with Learning Difficulties: PSHCE. (<u>http://www.qca.org.uk/qca_8541.aspx</u>).

<u>Key</u>



Bridget Watt



Section Two

PSHE/Citizenship End of Year Expectations for EYFS, Key Stage 1 and Key Stage 2

KeyCitizenshipSex and Relationships EducationStaying Safe including DATEFinancial EducationKeeping HealthyE- SafetyLinks to SEAL

PSHE, Citizenship. Health and Wellbeing Entitlement (Lower Primary Years)

Year 1	Year 2
Citizenship	Citizenship
I can express a simple opinion, agreement and disagreement	I can take part in discussions/simple debate with others about
I can ask questions	topical issues
·	I know that people and other living things have needs and recognise
	my own responsibility to meet those needs
	I can contribute to the life of the class and the school
	I know that I belong to different groups and communities ie school,
	family
	I know what can be harmful to the environment
	I know some ways to look after my environment
	I know that money comes from different sources and can be used
	for different purposes
Sex and Relationships	Sex and Relationships
I can name the main parts of the body	I can name the main characteristics of boys and girls
I understand the concept of male and female	I know the vocabulary of parts of the body in relation to Sex and
I know how to look after my body	Relationships Education
I know the importance of personal hygiene- regular washing,	I use appropriate language for body parts
bathing, showering	I understanding the importance of valuing of one's own body and
I know that there are different types of relationships – family,	recognising it's uniqueness
friends and others	I know that individuals have rights over their own bodies, and that
I know that family and friends should care for each other	there are differences between good and bad touching
	I know that people can do different things according to age and
	development and that people grow from young to old
	I recognise that peoples' needs change with age
Staying Safe including DATE	Staying Safe including DATE
I know the importance of personal hygiene- regular washing,	I use simple skills which will help to maintain my personal safety
bathing, showering, dental care	I know that individuals have rights over their own bodies, and that
I know the role of medicines in promoting health and the reasons	there are differences between good and bad touching
why people use them	I know how diseases are spread and how they can be controlled
I know the school rules about personal hygiene and medicines	I understand that all drugs can be harmful if not used properly
I recognise the need for safety rules – road, fire, school	I know simple rules about medicines and other substances used in
environment, playground and home	the home, including solvents and can be harmful if not used properly

I know there are people and services who can help us	I begin to recognise the media's role in presenting information about
	medicines, alcohol and smoking
Financial Education	Financial Education
I know that money can come from regular sources and irregular	I know that "The Lottery", "Scratch cards" etc are gambling
sources	I begin to understand amounts in real terms e.g. the real cost of
I know that we have to pay for what we buy	things
I understand the consequences of losing money or having it stolen	I can choose a way to pay and consider how the choice might affect
I know that we can have different feelings about money	me
I can say what charities are for and what some might do	I can recognise the coins and notes we use
I understand that people in our school may have different values,	I know different ways that money can be looked after
customs and circumstances	I know some of the essentials that have to be paid for
I know that there are some things people have to buy and other things that we choose to buy	I know that we can pay for things in a range of ways I can choose the correct value of coins and calculate change
	I am able to keep simple financial records
I can explain the difference between needs and wants	
I understand individuals and families have to find ways to balance wants and needs	I begin to understand that money is a finite resource and needs to
	be managed
I understand that it may not be possible to have everything you	I understand that even when not using cash money is being used
want, straight away, if at all	I understand that the choices we make affect ourselves and others
Keeping Healthy	Keeping Healthy
I know the importance of personal hygiene- regular washing,	I can make simple choices to improve my health and well-being
bathing, showering	I know how diseases are spread and how they can be controlled
I know how to look after my body	
E-Safety	E-Safety
I understand that I can find a range of information from the internet	I can use the internet purposefully to answer specific questions
I can navigate age-appropriate websites	I know that not everything on the internet is true
I know what to do if I find something inappropriate online	I know the difference between communicating using email and
I know that the internet can be used to communicate with other	online in a discussion forum
people	I am able to send suitable and purposeful emails
I understand that we should respect the work of others which is	I can demonstrate an understanding of E-safety when
stored or presented electronically	communicating online
Links to SEAL	Links to SEAL
I can play and work cooperatively	I can listen to other people.
I can listen to other people	I can recognise and name my feelings
I can share appropriately	I can recognise and say what I like and dislike
I can recognise and name my feelings	I can identify positive ways to face new challenges and be prepared
I can recognise that my behaviour affects others	for the transition to KS2

I can recognise there are different types of teasing I play a full part in the life of my classroom I can agree and follow rules for my group and classroom	I can recognise and say what is fair and unfair, right and wrong I can recognise, name and deal with their feelings in a positive way I begin to recognise the range of human emotions and some ways to deal with these I can say what I am good at I can set a simple goal I can say how I can learn from my experiences I can listen to others and respect their viewpoints I can identify and respect differences and similarities between people I know that there are different types of bullying and teasing I know that bullying is wrong and know how to deal with bullying behaviours
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PSHE, Citizenship. Health and Wellbeing Entitlement (Middle Primary Years)

Year 3	Year 4
Citizenship	Citizenship
I can participate in making and changing rules	I can recognise aggressive and anti-social behaviours and their
I know why different rules are needed in different situations	effects on individuals and communities
I know that choices we make can impact on the local and global	I can make informed choices about their environment
communities	I understand that there is great diversity locally and across the world
I know where to find impartial advice to inform my decision making	which affects peoples' choices
	I can begin to respond to, or challenge, negative behaviours such as
	stereotyping and aggression
Sex and Relationships	Sex and Relationships
I can identify different types of relationships and show ways to	I feel good about myself and my body
maintain good relationships	I know the importance of taking care of my own body, whilst
I understand that relationships may change over time	respecting cultural differences
I can judge what kind of physical contact is acceptable or	I understand the language used to describe changes and feelings
unacceptable	I understand that their bodies and emotions will change as they
	grow older
Staying Safe including DATE	Staying Safe including DATE
I can identify and explain how to manage the risks in different	I can take responsibility for my own behaviour and safety and
familiar situations.	realise that actions have consequences
I know how to ask for help	I have some strategies to cope with peer influence and peer
I can make judgements and decisions and use basic techniques for	pressure
resisting negative peer pressure	
I can list the commonly available substances and drugs that are	
legal and illegal and describe some of the effects and risks of these	
I can make decisions and show assertiveness in situations relating	
to drug use	
I can demonstrate basic safety procedures when using medicines	
I know how to keep myself and others safe when using roads	
I know school rules for health and safety, basic emergency	
procedures and where to get help for myself and others in need	
I know school rules relating to medicines, alcohol, tobacco,	
solvents and illegal drugs	
Financial Education	Financial Education
I know how to look after and handle money in everyday situations	I can demonstrate how to look after and save money

I can make simple financial decisions and consider how to spend	I can begin to develop an understanding that people have different
money, including pocket money and contributions to charity	financial circumstances
I know that individuals and families may need or choose to spend	I can begin to understand the different values and attitudes that
their money in many ways	people have with regard to money
I know there are different ways to gain money, including earning it	I recognise the range of jobs carried out by people they know
through work	I can explain how I will develop skills for work in the future
I know that it is possible to keep money safe by putting it into an	I understand and use larger sums of money in calculations
'account' in the bank, building society	I know a range of different ways to pay for things, some may involve
I can appreciate the real cost of some items and commodities	debt or credit ('borrowing')
I can make choices about how money should be spent	I know that if you 'borrow' you have to pay back more (Muslim
I know that families and individuals may have many commitments	Sharia tradition
and may	is different)
manage their money in a range of ways, depending on values,	I am able to keep track of spending, keeping accurate records
culture and income	I am able to make informed choices about how to pay for something
I understand that choices have an impact on individuals and	I can understand that I can pay for things without having enough
families	money and that this has consequences (credit)
I know that you can plan for future spending and how to save	I know that feelings about money can change
I understand that money is a finite resource for individuals,	I am able to take account of other peoples' feelings when making
institutions and the community	decisions
I know that making comparisons between costs is important in	I can make informed choices about charities, through prioritising,
managing your money	and in relation to my own values
I am able to make comparisons between prices when deciding	
what is the best 'value for money'	
I begin to understand why we have charities	
Keeping Healthy	Keeping Healthy
I can make simple choices to improve my health and well-being	I can identify some factors that affect emotional health and
	wellbeing e.g. relationships with family and friends, stress levels,
	physical activity, diet, self-image, media
	I can make informed choices about healthy eating and exercising
E-Safety	E-Safety
I can use the internet purposefully to answer specific questions.	I can use the internet as a resource to support their work, and begin
I know that not everything on the internet is true	to understand plagiarism
I know the difference between communicating using email and online in a discussion forum	I know that not everything on the internet is true and know what to
	do if I access something inappropriate
I am able to send suitable and purposeful emails	I can use a range of online communication tools to exchange
I can demonstrate an understanding of E-safety when	information and collaborate with others within and beyond my

communicating online Links to SEAL	school e.g. school's learning platform, email, instant messaging, social networking, online gaming, and mobile phones I understand the need to keep some information private in order to protect myself when communicating online I begin to recognise how electronic communications may be used for manipulation or persuasion Links to SEAL
I can listen to and show respect for the views of others I can identify positive ways to face new challenges I know the importance of valuing myself I can see my mistakes, make amends and set personal goals I can explain how my actions have consequences for myself and others I can describe the nature and consequences of bullying and express some ways of responding to it I can empathise with other people and situations through topical issues, problems and events	I can respond appropriately to other people's feelings I can acknowledge that others have different points of view I can describe some of the different beliefs and values in society, and demonstrate respect and tolerance towards people different from themselves I can express my views confidently, when communicating with my peers and adults I can identify positive ways to face new challenges I can identify positive things about my own and others' achievements I can recognise the worth of other people

PSHE, Citizenship. Health and Wellbeing Entitlement (Later Primary Years)

Year 5	Year 6
Citizenship I know how to access local and national support groups I can talk and write about my opinions I know that circumstances in other countries and cultures may be different from our own I know about Fair Trade and what it means I know that individual and community rights and responsibilities need to be taken into account when making decisions I understand that choices we make as individuals, a community and a nation impact internationally I am beginning to understand that 'poverty' might have different meanings to different people in different circumstances I can recognise and challenge stereotypes I know where to find impartial advice to inform my decision making	Citizenship I realise the consequences of anti-social and aggressive behaviours, such as bullying, cyber-bullying and racism on individuals and communities I know that differences and similarities between people arise from a number of factors, including cultural, ethnic, racial and religious diversity, gender and disability I can describe some of the different beliefs and values in society and demonstrate respect and tolerance towards people who are different from myself I can take part more fully in school and community activities I can demonstrate a sense of social justice and moral responsibility I understand that resources can be allocated in different ways and that economic choices affect individuals, communities and the environment I can research, discuss and debate topical issues, problems and events I know why and how rules and laws are made and enforced, why different rules are needed in different situations and how to take part in making and changing rules I appreciate the range of national, regional, religious and ethnic identities in the United Kingdom I am aware of how the media present information and that the media can be both a positive and negative influence I know about the basic institutions that support democracy locally and nationally I can make informed choices about my environment
Sex and Relationships I understand simple, safe routines to prevent the spread of bacteria and viruses I can name and explain male and female body parts, relating to Sex and Relationship Education I know the ways in which boys and girls grow and develop in puberty – physically I recognise, as I approach puberty, how people's emotions change	Sex and Relationships I recognise different risks in different situations and then decide how to behave responsibly, including judging what kind of physical contact is acceptable or unacceptable I know that pressure to behave in an unacceptable or risky way can come from a variety of sources, including people I know I know how to ask for help and have a range of strategies to resist pressure and distinguish between positive and negative influences

at that time and how to deal with my feelings towards myself, my family and others in a positive way I know where individuals, families and groups can get help and support Staying Safe including DATE I understand simple, safe routines to prevent the spread of bacteria and viruses I can identify a range of risks connected to drug situations I know which commonly available substances and drugs are legal and illegal, and their effects and risks I know the dangers from handling discarded syringes and needles I know where individuals, families and groups can get help and support Financial Education I know and understand how I can develop skills to make a contribution in the future I know that there are a range of earnings for different jobs I am able to plan for future spending I understand how and why people save I can differentiate between essentials and desires – needs and wants I understand 'value for money' and can make informed choices to get 'value for money' I am able to assess 'best buys' in a range of circumstances	I can name and explain male and female body parts, relating to Sex and Relationship Education I know the ways in which boys and girls grow and develop in puberty I recognise, as I approach puberty, how people's emotions change at that time and how to deal with my feelings towards myself, my family and others in a positive way Staying Safe including DATE I know basic emergency aid procedures and where to get help I recognise different risks in different situations and then decide how to behave responsibly, including judging what kind of physical contact is acceptable or unacceptable I know that pressure to behave in an unacceptable or risky way can come from a variety of sources, including people I know I know how to ask for help and have a range of strategies to resist pressure and distinguish between positive and negative influences Financial Education I know what is deducted from earnings and why I can differentiate between manageable and unmanageable debt I am able to use cheques, credit and debit cards etc I am beginning to understand pensions and insurance I understand that money we earn also supports the community I understand different ways of keeping track of my money I understand simple risk and return I am able to 'read' and check pay slips, bank statements etc I can use effective record-keeping systems I can manage a more complex budget over time I understand that managing money is complex but there are people
I am able to understand and manage feelings about money, my own and others	who can help
I can discuss wider issues such as 'does money make you happy?' Keeping Healthy I know what makes a healthy lifestyle- the benefits of exercise and healthy eating and the factors that affect mental health, including positive self-image. I know where individuals, families and groups can get help and support	Keeping Healthy I can manage my time to include regular exercise I understand that the media can have an effect on Emotional Health and Wellbeing, e.g. eating disorders, managing finances etc

 E-Safety I can recognise the need to ask appropriate questions to find answers I understand that good online research involves processing the information (rather than copying) and interpreting it for others I recognise that not all information on the internet is accurate or unbiased (advertising) and develop strategies for identifying the origin of a website I recognise issues of copyright and the importance of acknowledging sources I can use online tools to exchange information and collaborate with others within and beyond their school and begin to evaluate their effectiveness I understand the potential risks of providing personal information in 	E-Safety I recognise that not all information on the internet is accurate or unbiased (advertising) and develop a range of strategies for identifying the origin of a website I understand the issues of plagiarism, copyright and data protection in relation to my work I understand that the resources I find may be covered by copyright I understand that not all information on the internet is legal to use or copy, even if sources are acknowledged I can select appropriate tools to collaborate and communicate confidently and safely with others within and beyond my school I can exchange and share ideas with a wider audience, and evaluate my use of technology including the use of email, social networking, online gaming, and mobile phones and how I present myself online
an increasing range on online technologies both within and outside school I recognise my own right to be protected from the inappropriate use of technology by others and the need to respect the rights of other users I can evaluate my own use of web-publishing tools and how I present myself online Links to SEAL I can express my views confidently and listen to and show respect	Links to SEAL I can identify positive ways to face new challenges and be prepared for
for the views of others I can resolve differences, looking at alternatives, making decisions and explaining choices I can deal positively with my feelings and recognise a range of emotions in others	the transition to Key Stage 3 I can identify positive things about myself and my achievements and set personal goals I can recognise the difference between aggressive and assertive behaviour

EYFS EXPECTED LEARNING OUTCOMES

By the end of EYFS most pupils should be able to do work which requires them to:

Developing confidence, responsibility and making the most of their abilities	Developing a healthier, safer lifestyle
Show an interest in classroom activities through observation or participation (DA1)	Dress, undress and manage own personal hygiene with adult support (DA2)
Display high levels of involvement in self chosen activities (DA3)	Dress and undress independently and manage own personal hygiene (DA4)
Select and use activities and resources independently (DA5)	
Continue to be interested, motivated and excited to learn (DA6)	Understand what is right, what is wrong and why (ED8)
Be confident to try new activities, initiate ideas and speak in a familiar group (DA7)	Be aware that they can use the internet to play and learn supported by a trusted adult/teacher
Maintain attention and concentrate (DA8)	Begin to understand the difference between real and online experiences
Sustain involvement and persevere, particularly when trying to solve a problem or reach a satisfactory conclusion (DA9)	Know that they can use the Internet to communicate with family and friends
Separate from main carer with support (ED1)	Know that pictures and messages can be shared safely with family using the school's learning platform
Communicate freely about home and community (ED2)	
Express needs and feelings in appropriate ways (ED3)	
Respond to significant experiences, showing a range of feelings when appropriate (ED4)	
Display a strong, positive sense of self identity and is able to express a range of emotions fluently and appropriately (ED9)	
Know some of the forms money takes	

Know a range of ways money comes to us
Know that we use money in exchange for goods or services
Know places to use money
Describe money and name some coins and notes
Describe some other forms of money eg credit card, cheque, voucher
Carry out simple transactions during role-play or in reality using money
Explore what happens to the money we spend
Begin to recognise different people have different attitudes to and feelings about money
Understand people may make different choices of what to do with their money
Understand who needs money and why
Begin to know the value of a range of coins
Know that we can keep our money in different places and some are safer than others
Know that we need to be able to check to see how much we have spent and how much we have
Be able to choose appropriate coins to use and wait for change
Choose ways to keep money safe

See significant people keeping financial records e.g. school office, class teacher
Money has value and needs to be taken care of
Begin to understand the importance on checking money
We may not always have enough for what we want
I can make choices about how to spend my money
My choices can affect how I and others feel
Explore choices and make informed decisions in real and imaginary situations.
Begin to be aware that other peoples' choices may be different to theirs

EYFS EXPECTED LEARNING OUTCOMES

By the end of EYFS most pupils should be able to do work which requires them to:

Preparing to play an active role as citizens	Developing good relationships and respecting the differences between people
Understand that there need to be agreed values and codes of behaviour for groups of people, including adults and children, to work	Play alongside others (SD1)
harmoniously (SD6)	Build relationships through gesture and talk (SD2)
Have a developing respect for own culture and beliefs and those of other people (ED6)	Form good relationships with adults and peers (SD5)
	Take into account the ideas of others (SD9)
	Work as part of a group or class, taking turns and sharing fairly (SD4)
	Take turns and share with adult support (SD3)
	Have a developing awareness of own needs, views and feelings and be sensitive to the needs, views and feelings of others (ED5)
	Consider the consequences of words and actions for self and others (ED7)
	Understands that people have different needs, views, cultures and beliefs that need to be treated with respect (SD7)
	Understand that s/he can expect others to treat their needs, views, cultures and beliefs with respect (SD8)

YEAR 1 EXPECTED LEARNING OUTCOMES

By the end of Year 1 most pupils should be able to do work which requires them to:

Developing confidence, responsibility and making the most of their abilities	Developing a healthier, safer lifestyle
Listen to other people	Name the main parts of the body
Recognise and name their feelings	Understand the concept of male and female
Recognise and say what they like and dislike	Know the importance of personal hygiene- regular washing, bathing, showering, dental care – and the positive and negative consequences
Express a simple opinion, agreement and disagreement	of caring for the body
Ask questions	Know the role of medicines in promoting health and the reasons why people use them
Know that money can come from regular sources (pocket money, chores) or unpredictable and irregular sources (birthday money, winning something)	Know the school rules about personal hygiene and medicines
Know that we have to pay for what we buy	Recognise the need for safety rules – road, fire, school environment, playground and home
Begin to understand the consequences of losing money or having it stolen	Know there are people and services who can help
Know that we can have a range of feelings shout manay	Understand they can find a range of information from the internet.
Know that we can have a range of feelings about money	Be able to navigate age-appropriate websites.
Know what charities are for and what some might do	Know what to do if they find something inappropriate online.
Begin to appreciate the diversity of values, customs and circumstances of people in school	Understand that the internet can be used to communicate with other
Know that there are some things people have to buy and other things that we choose to buy	people. Understand that we should respect the work of others which is stored
Differentiate between needs and wants (at this age they struggle	or presented electronically

Know that individuals and families have to find ways to balance wants and needs Understand that it may not be possible to have everything you want, straight away, if at all	unless presented with both concepts at the same time).

YEAR 1 EXPECTED LEARNING OUTCOMES

PSHE and CITIZENSHIP

By the end of Year 1 most pupils should be able to do work which requires them to:

Preparing to play an active role as citizens	Developing good relationships and respecting the differences between people
Ask questions	Play and work cooperatively
Find out information	Listen to other people
Enter a simple discussion – with one person, as part of a group	Share appropriately
Contribute to the life of the classroom	Recognise that their behaviour affects others
Agree and follow rules for their group and classroom	Recognise there are different types of teasing
	Know that there are different types of relationships – family, friends and others
	Know that family and friends should care for each other

YEAR 2 EXPECTED LEARNING OUTCOMES

By the end of Year 2 most pupils should be able to do work which requires them to:

Developing confidence, responsibility and making the most of their abilities	Developing a healthier, safer lifestyle
Identify positive ways to face new challenges and be prepared for the transition to KS2.	Demonstrate simple skills which will help to maintain their personal safety
Recognise and say what is fair and unfair, right and wrong	Know that individuals have rights over their own bodies, and that there are differences between good and bad touching
Recognise, name and deal with their feelings in a positive way	Know how diseases are spread and how they can be controlled
Begin to recognise the range of human emotions and some ways to deal with these	Understand that all drugs can be harmful if not used properly
Say what they are good at	Know simple rules about medicines and other substances used in the home, including solvents and can be harmful if not used properly
Set a simple goal	
Say how they can learn from their experiences	Begin to recognise the media's role in presenting information about medicines, alcohol and smoking
Be able to listen to others and respect their viewpoints	Make simple choices to improve their health and well-being
Give their opinions on things that matter to them	Name the main characteristics of boys and girls
Explain their views	Extend their vocabulary of parts of the body in relation to Sex and Relationships Education.
Know that The Lottery, Scratch cards etc is gambling	
Begin to understand amounts in real terms e.g. the real cost of things	Acknowledge the range of appropriate language for body parts
Choose a way to pay and consider how the choice might affect them	Understanding the importance of valuing of one's own body and recognising it's uniqueness
Recognise the coins and notes we use	Know that people can do different things according to age and development and that people grow from young to old

Know different ways that money can be looked after	
Know some of the essentials that have to be paid for	Recognise that peoples' needs change with age
Know some of the essentials that have to be paid to	Use the internet purposefully to answer specific questions
Know that we can pay for things in a range of ways	
De able to abage the connectively of coincide adjusted abages	Know that not everything on the internet is true
Be able to choose the correct value of coins and calculate change	Know the difference between communicating using email and online in
Be able to keep simple financial records	a discussion forum
Begin to understand that money is a finite resource and needs to be managed	Be able to send suitable and purposeful emails
managed	Demonstrate an understanding of E-safety when communicating
Understand that even when not using cash money is being used	online
Understand that the choices we make affect ourselves and others	
Onderstand that the choices we make affect ourselves and others	

YEAR 2 EXPECTED LEARNING OUTCOMES

By the end of Year 2 most pupils should be able to do work which requires them to:

Preparing to play an active role as citizens	Developing good relationships and respecting the differences between people
Take part in discussions/simple debate with others about topical issues	Identify and respect differences and similarities between people
	Know that there are different types of bullying and teasing
Realise that people and other living things have needs and recognise	
own responsibility to meet those needs	Know that bullying is wrong and know how to deal with bullying behaviours
Contribute to the life of the class and the school	
Know that they belong to different groups and communities ie school, family	
Describe some ways that people look after them	
Know what can be harmful to the environment	
Know some ways to look after their environment	
Know that money comes from different sources and can be used for different purposes	

YEAR 3 EXPECTED LEARNING OUTCOMES

By the end of Year 3 most pupils should be able to do work which requires them to:

Developing confidence, responsibility and making the most of their abilities	Developing a healthier, safer lifestyle
Listen to and show respect for the views of others	Make choices about how to develop a healthy lifestyle
Identify positive ways to face new challenges	Identify and explain how to manage the risks in different familiar situations
Know the importance of valuing oneself	Know how to ask for help
Be able to see their mistakes, make amends and set personal goals	·
Know how to look after and handle money in everyday situations	Make judgements and decisions and use basic techniques for resisting negative peer pressure
Make simple financial decisions and consider how to spend money, including pocket money and contributions to charity	List the commonly available substances and drugs that are legal and illegal and describe some of the effects and risks of these
Know that individuals and families may need or choose to spend their money in many ways	Make decisions and show assertiveness in situations relating to drug use
Know there are different ways to gain money, including earning it through work	Demonstrate basic safety procedures when using medicines
	Know how to keep themselves and others safe when using roads
Know that it is possible to keep money safe by putting it into an 'account' in the bank, building society	Know school rules for health and safety, basic emergency procedures and where to get help for themselves and others in need
Appreciate the real cost of some items and commodities	
Be able to make choices about how money should be spent	Know school rules relating to medicines, alcohol, tobacco, solvents and illegal drugs
Know that families and individuals may have many commitments and may	Judge what kind of physical contact is acceptable or unacceptable
manage their money in a range of ways, depending on values, culture and income	Use the Internet to undertake independent purposeful research, gathering appropriate text and image, and attempt to distinguish

	between fact and fiction
Understand that choices have an impact on individuals and families	
	Begin to use a range of online communication tools e.g. forums, polls,
Know that you can plan for future spending and how to save	instant messaging and e-mail to exchange and develop ideas with
Linderstand that manay is a finite resource for individuals, institutions	other learners and experts in a range of curriculum contexts
Understand that money is a finite resource for individuals, institutions and the community	
Know that making comparisons between costs is important in managing your money	
Be able to make comparisons between prices when deciding what is	
the best 'value for money'	
Begin to understand why we have charities	

YEAR 3 EXPECTED LEARNING OUTCOMES

PSHE and CITIZENSHIP

By the end of Year 3 most pupils should be able to do work which requires them to:

Preparing to play an active role as citizens	Developing good relationships and respecting the differences between people
Participate in making and changing rules	Explain how their actions have consequences for themselves and others
Know why different rules are needed in different situations	
Know that choices we make can impact on the local and global communities	Describe the nature and consequences of bullying and express some ways of responding to it
	Empathise with other people and situations through topical issues, problems and events
	Identify different types of relationships and show ways to maintain good relationships
	Understand that relationships may change

YEAR 4 EXPECTED LEARNING OUTCOMES

By the end of Year 4 most pupils should be able to do work which requires them to:

Developing confidence, responsibility and making the most of their abilities	Developing a healthier, safer lifestyle
Express their views confidently, when communicating with their peers and adults	Identify some factors that affect emotional health and wellbeing e.g. relationships with family and friends, stress levels, physical activity, diet, self-image, media
Identify positive ways to face new challenges	Make informed choices about healthy eating and exercising
Identify positive things about themselves and their achievements	Take responsibility for their own behaviour and safety and realise that
Recognise the worth of other people	actions have consequences
Demonstrate how to look after and save money	Feel good about themselves and their bodies
Begin to develop an understanding that people have different financial circumstances	Know the importance of taking care of their own bodies, whilst respecting cultural differences
Begin to understand the different values and attitudes that people have with regard to money	Understand the language used to describe changes and feelings
Recognise the range of jobs carried out by people they know	Understand that their bodies and emotions will change as they grow older
Explain how they will develop skills to work in the future	Use the internet as a resource to support their work, and begin to understand plagiarism
Understand and use larger sums of money in calculations	Know that not everything on the internet is true and know what to do if
Know a range of different ways to pay for things, some may involve debt or credit ('borrowing')	they access something inappropriate
Know that if you 'borrow' you have to pay back more (Muslim Sharia tradition is different)	Use a range of online communication tools to exchange information and collaborate with others within and beyond their school e.g. school's learning platform., email, instant messaging, social networking, online gaming, and mobile phones

Be able to keep track of spending, keeping accurate records	Recognise the need to keep some information private in order to protect themselves when communicating online
Be able to make informed choices about how to pay for something	
Understand that you can pay for things without having enough money and that this has consequences	Begin to recognise how electronic communications may be used for manipulation or persuasion
Know that feelings about money can change	
Be able to take account of other peoples' feelings when making decisions	
Make informed choices about charities, through prioritising and in relation to own values	

YEAR 4 EXPECTED LEARNING OUTCOMES

PSHE and CITIZENSHIP

By the end of Year 4 most pupils should be able to do work which requires them to:

Preparing to play an active role as citizens	Developing good relationships and respecting the differences between people
Recognise aggressive and anti-social behaviours and their effects on individuals and communities	Have some strategies to cope with peer influences
	Respond appropriately to other people's feelings
Make informed choices about their environment	
	Acknowledge that others have different points of view
Understand that there is great diversity locally and across the world which affects peoples' choices	Describe some of the different beliefs and values in society, and demonstrate respect and tolerance towards people different from themselves
	Begin to respond to, or challenge, negative behaviours such as stereotyping and aggression

YEAR 5 EXPECTED LEARNING OUTCOMES

By the end of Year 5 most pupils should be able to do work which requires them to:

Developing confidence, responsibility and making the most of their abilities	Developing a healthier, safer lifestyle
Express their views confidently and listen to and show respect for the views of others	Understand simple, safe routines to prevent the spread of bacteria and viruses
Know how to access local and national support groups	Identify a range of risks connected to drug situations
Talk and write about their opinions	Know which commonly available substances and drugs are legal and illegal, and their effects and risks
Know about the range of jobs carried out by people they know and understand how they can develop skills to make their contribution in the future	Know the dangers from handling discarded syringes and needles
Know that there are a range of earnings for different jobs	Know what makes a healthy lifestyle- the benefits of exercise and healthy eating and the factors that affect mental health, including positive self-image
Be able to plan for future spending	
Understand how and why people save	Name and explain male and female body parts, relating to Sex and Relationship Education
Differentiate between essentials and desires	Know the ways in which boys and girls grow and develop in puberty
Understand 'value for money'	Recognise, as they approach puberty, how people's emotions change
Be able to assess 'best buys' in a range of circumstances	at that time and how to deal with their feelings towards themselves, their families and others in a positive way
Make informed choices to get 'value for money'	Children recognise the need to ask appropriate questions to find answers
Be able to understand and manage feelings about money, their own and others	Children understand that good online research involves processing the information (rather than copying) and interpreting it for others
Have opportunities to discuss wider issues such as 'does money make you happy?'	Children recognise that not all information on the internet is accurate

or unbiased (advertising) and develop strategies for identifying the origin of a website
Children recognise issues of copyright and the importance of acknowledging sources
Children use online tools to exchange information and collaborate with others within and beyond their school and begin to evaluate their effectiveness
Children understand the potential risks of providing personal information in an increasing range on online technologies both within and outside school
Children recognise their own right to be protected from the inappropriate use of technology by others and the need to respect the rights of other users
Children evaluate their own use of web-publishing tools and how they present themselves online

YEAR 5 EXPECTED LEARNING OUTCOMES

By the end of Year 5 most pupils should be able to do work which requires them to:

Preparing to play an active role as citizens	Developing good relationships and respecting the differences between people
Know that circumstances in other countries and cultures may be different from our own	Resolve differences, looking at alternatives, making decisions and explaining choices
Know about Fair Trade and what it means	Deal positively with their feelings and recognise a range of emotions in others
Know that individual and community rights and responsibilities need to be taken into account when making decisions Understand that choices we make as individuals, a community and a nation impact internationally	Know about different types of relationship, including marriage and those between families and friends and develop the skills to be effective in relationships Name family members and know the different types of relationship that
Begin to understand that 'poverty' might have different meanings to different people in different circumstances	exist within a family Recognise the different degrees of commitment within relationships Recognise and challenge stereotypes Know where individuals, families and groups can get help and support

YEAR 6 EXPECTED LEARNING OUTCOMES

By the end of Year 6 most pupils should be able to do work which requires them to:

Developing confidence, responsibility and making the most of their abilities	Developing a healthier, safer lifestyle
Identify positive ways to face new challenges and be prepared for the transition to Key Stage 3	Know basic emergency aid procedures and where to get help
Identify positive things about themselves and their achievements and set personal goals	Recognise different risks in different situations and then decide how to behave responsibly, including judging what kind of physical contact is acceptable or unacceptable
Know what is deducted from earnings and why	Know that pressure to behave in an unacceptable or risky way can come from a variety of sources, including people they know. Know
Differentiate between manageable and unmanageable debt	how to ask for help and have a range of strategies to resist pressure and distinguish between positive and negative influences
Be able to use cheques, credit and debit cards etc	
Begin to understand pensions and insurance	Name and explain male and female body parts, relating to Sex and Relationship Education
Understand that money we earn also supports the community	Know the ways in which boys and girls grow and develop in puberty
Understand different ways of keeping track of your money	Recognise, as they approach puberty, how people's emotions change
Understand simple risk and return	at that time and how to deal with their feelings towards themselves, their families and others in a positive way
Be able to 'read' and check pay slips, bank statements etc	Manage their time to include regular exercise
Use effective record-keeping systems	Understand that the media can have an effect on Emotional Health and Wellbeing, e.g. eating disorders
Manage a more complex budget over time	
Understand that managing money is complex but there are people who can help	Recognise that not all information on the internet is accurate or unbiased (advertising) and develop a range of strategies for identifying the origin of a website
	Understand the issues of plagiarism, copyright and data protection in

relation to their work
Understand that the resources they find may be covered by copyright. They understand that not all information on the internet is legal to use or copy, even if sources are acknowledged
Select appropriate tools to collaborate and communicate confidently and safely with others within and beyond their school
Exchange and share ideas with a wider audience, and to evaluate their use of technology including the use of email, social networking, online gaming, and mobile phones and how they present themselves online

YEAR 6 EXPECTED LEARNING OUTCOMES

By the end of Year 6 most pupils should be able to do work which requires them to:

Preparing to play an active role as citizens	Developing good relationships and respecting the differences between people
Take part more fully in school and community activities	Realise the consequences of anti-social and aggressive behaviours, such as bullying, cyber-bullying and racism on individuals and
Demonstrate a sense of social justice and moral responsibility	communities
Understand that resources can be allocated in different ways and that economic choices affect individuals, communities and the environment	Know that differences and similarities between people arise from a number of factors, including cultural, ethnic, racial and religious diversity, gender and disability
Research, discuss and debate topical issues, problems and events	Describe some of the different beliefs and values in society and demonstrate respect and tolerance towards people different from
Know why and how rules and laws are made and enforced, why different rules are needed in different situations and how to take part in making and changing rules	themselves Recognise the difference between aggressive and assertive behaviour
Appreciate the range of national, regional, religious and ethnic identities in the United Kingdom	
Be aware of how the media present information and that the media can be both a positive and negative influence	
Know about the basic institutions that support democracy locally and nationally	
Make informed choices about their environment	

1. Empowers young people to plan and manage their own futures

	By the age of 11 pupils:	Pupils could
1.1	describe who can help them to find careers information and how to find it by themselves	 find non-fiction books in the library about the jobs people do visit the websites of local secondary schools
1.2	find the main points in careers information and recognise which facts they can trust	 check the source or provider of the information they are using make a bullet-point summary of what they have found out
1.3	begin to recognise their own worth and set personal goals with short term targets and action steps	 talk to their class teacher about what other people tell them they are good at write a learning target which they want to achieve in one or two weeks
1.4	begin to recognise what may stop them from achieving their goals, how they can respond, who they can ask for help and how to take responsibility for getting things done	 draw a spider diagram or mind map showing the people they can go to for help take part in a team problem-solving activity
1.5	begin to recognise where their ideas and expectations about themselves, careers, learning and work come from	 talk about the earliest memories they have about what they are like and what work is find out about the work that members of the family do
1.6	feed back that they have the skills to plan and manage their move to secondary school	 talk about their confidence and skills individually or in small groups with their class teacher complete a short self-assessment questionnaire designed for the purpose

2. Responds to the needs of each learner

	By the age of 11 pupils:	Pupils could
2.1	identify positive things about themselves and their achievements, see their mistakes and what they have learned from them, say how they learn best, what they are good at and what they enjoy most at school	 keep a personal portfolio and talk about it with their class teacher and parents talk about these issues in a small group with their class teacher
2.2	know how to make contact with people who can help and support them	 find out about the people who can help them in school visit the ChildLine website
2.3	identify the skills they need to prepare for transition to KS3	 role play starting at a new school and talk about it afterwards interview secondary-school pupils about what it is like
2.4	review their progress and update learning and transition goals, targets and action points	 write their current target on a card and keep it on the table in front of them award themselves stickers or certificates when they achieve their targets
2.5	tell the school what help they would like to think about their futures	

	By the age of 11 pupils:	Pupils could
2.6	feed back that they received the help they needed to prepare for the move to secondary school	 complete a questionnaire in their secondary school which feeds back the results to their primary school
		 tell the school when they come back for a visit to see their former class teacher

3. Provides comprehensive information and advice

	By the age of 11 pupils:	Pupils could	
3.1	find and use information about careers	 select non-fiction titles about the jobs people do from the library create their own web page with information about a job that interests them 	
3.2	identify and collect the information they need to progress smoothly to KS3	 take part in a taster day at a local secondary school find out if there is a guide to the local secondary school for younger pupils written by Year 7 pupils 	
3.3	recognise what moving to a new school involves and the range of learning options and support available	 brainstorm similarities and differences between primary and secondary school go along to the secondary school's open evening 	
3.4	are aware of different forms of work such as work in the house and employment and the rewards they offer	 interview an adult about job satisfaction discuss in a group the value of different kinds of work to society 	
3.5	are aware of what people like about working for themselves	 run a mini-enterprise and reflect on their own feelings meet young people who have set up their own business and ask them what they like about it. 	
3.6	are aware of different forms of voluntary and community activities and how they help individuals and society	 take part in a charity fund-raising activity for the local community find out about volunteers who help the school 	
3.7	make straightforward decisions about spending, saving and giving	work out a personal budget keep records of their own income and expenditure	
3.8	are aware of how employers and people looking for work find out about each other	 Investigate job vacancy and job wanted columns in their local newspaper and on community noticeboards, etc. talk to family and friends about how jobs that are never formally advertised get filled 	
3.9	describe the work that people do in their family, in school and in the area where they live	 do an industry trail with the instructions and activities loaded on a PDA/smartphone investigate the work that members of the family do 	
3.10	recognise that the law protects children and young people from injury and exploitation at work	 analyse stories about child labour in the news find out about local by-laws relating to child labour 	
3.11	feed back that they have had the information and advice that they have needed to cope with the move to secondary school	 take part in a forum discussion on this topic chalred by a governor conduct a survey of all Year 6 children 	

4. Raises aspirations

	By the age of 11 pupils:	Pupils could
4.1	are aware from contact with people who work that individuals have different feelings about their careers and their work	 create and complete a survey of what people like and dislike about their jobs ask different people what their career means to them
4.2	are positive about who they are and what they can achieve, taking into account what other people say about them	 talk about their childhood memories of what they were interested in and good at and if they have changed their ideas write three positive affirmations about themselves
4.3	describe how having a job and earning money can help people	 analyse stories in the media about how people feel when they are unemployed write a story about someone's first pay day in their first job
4.4	are aware that finding the work that you really want to do is rewarding	 cut out stories from magazines and comics about people who love their jobs and spot any common patterns reflect on their own feelings when they were doing a task or job that they enjoyed doing
4.5	describe why learning is important	 interview Aimhigher student ambassadors about why they think learning is important tell an interested adult why learning is important to them
4.6	begin to make judgements about who to listen to when making choices	 create a puppet show with characters who give good and bad advice write a job advert for a careers adviser to come into their school
4.7	feed back that they are excited by secondary school and the opportunities it will give them	 take part in a role play about their first day in secondary school write a blog about preparing for secondary school

5. Actively promotes equality of opportunity and challenges stereotypes

_	By the age of 11 pupils:	Pupils could
5.1	are aware that girls and boys have the same choices and opportunities in learning, careers and work	 talk to visitors who are working in jobs traditionally associated with the opposite sex read stories of pioneering individuals, e.g. Amelia Earhart, the first woman pilot to fly across the Atlantic
5.2	are aware of the impact of stereotypical decision-making on the continuing pay gap between men and women	 investigate pay levels in jobs mainly done by women and especially in the 5 'C's (caring, cooking, cleaning, cashiering, clerical) investigate pay levels in jobs mainly done by men such as construction and engineering
5.3	find out about and compare all the secondary schools that they could attend	 go along to the open evenings and collect information identify what they want from a secondary school and compare all the schools they could go to against the same criteria

	By the age of 11 pupils:	Pupils could
5.4	find out about a range of individuals who have chosen non- traditional options in learning and work	 undertake a class project on women in the protective services, e.g. fire, police, armed services find out about the barriers individuals faced and how they overcame them, e.g. the first Black MPs elected in 1987
5.5	discuss action that people moving away from their friends can take to smooth the transition to KS3	 role play their first day in a new school interview Y7 pupils about their experiences
5.6	feed back that they can recognise and challenge learning and work stereotypes	 distinguish between stereotypical and non-stereotypical images of work design a poster encouraging other young people to avoid falling for stereotypes

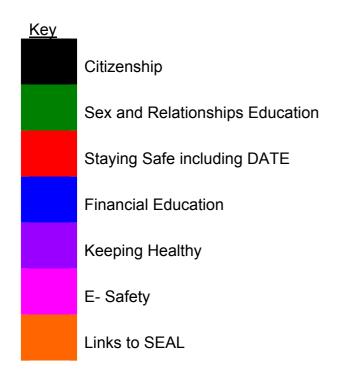
6. Helps young people to progress

	By the age of 11 pupils:	Pupils could
6.1	are aware of the relevance of what they are learning now to their life in and outside school	 tell their teachers how they think what they are about to learn will help them keep a log of when they used the 'essentials for learning and life' skills
6.2	are aware of how the subjects they are studying will help them to make progress in learning and work	 choose a subject and identify the jobs where it is useful to have a qualification in that subject get to know the levels in the Qualifications and Credit Framework
6.3	are aware that the learning choices people make affect their future options	 compare the jobs that require English and maths at GCSE A*-C with jobs that do not require them interview people who have invested in their own learning and find out how it has helped them
6.4	are able to present themselves well in front of an audience	 give a presentation in assembly about a visit they have made, e.g. an Aimhigher visit to a university give a group presentation to parents about the work they have been doing
6.5	are aware of how to take responsibility and follow the rules when taking part in a group activity such as an out-of-school club	 set up their own online clubs reflect on how well they led and/or participated in the group's activities
6.6	are aware of how developing 'essentials for learning and life' skills will help to prepare them for adult and working life	 award themselves stickers when they have improved their skills design a poster showing how people use one of the 'essentials' in everyday life
6.7	understand and use the processes for applying for secondary education	 make an action plan to ensure that they complete everything they need to do at the right time take part in 'taster day' activities arranged for them
6.8	are able to compare the pros and cons of different choices so that they can make progress	 write bullet points on a T-chart with what's good about their first choice secondary school down one side and what's less good down the other side
		 use a card sort activity to help them decide what working conditions would suit them best, e.g. indoors or outdoors
6.9	feed back, after leaving school, that they are satisfied with the decisions that they have made about secondary education	 complete a leavers' questionnaire tell the school when they come back for a visit



Section Three

Using 'I Can' Statements for Assessment in PSHE/Citizenship



I know the people who are important to me I can tell you something that has made me jealous

I can feel proud on behalf of my friends when they have done something well I can tell when I am proud or jealous I understand that being unkind and hurting someone doesn't make me feel better I can think of ways to make me feel better when I feel hurt without hurting others

SPIRAL SEAL STATEMENTS

Knowing Myself I know how I feel and how others make me feel **Understanding my Feelings** I understand feelings like anger, hurt, jealousy, quilt, and embarrassment Managing My Feelings I know how to do things to make me feel better Understanding the Feelings of Others I understand about how others are feelina Social Skills I know things to do to make others feel better **Making Choices** I know how to make a good choice

SRE (Year A) - Y1

SRE

I can name the main parts of the body I understand the concept of male and female

I know that it is good to care for my body

I know that not caring for my body can make me ill or uncomfortable I know there are different types of

relationships - family, friends, others I know that family and friends should care for each other

I know it is important to keep my body clean

I know that there are people who can help me

TRANSITION

I can identify positive achievements during my time in Y1

I can explain what I am worried about and what I am looking forward to in Year 2

I know what to expect when I start year 2

WORKING TOGETHER

I can work and play cooperatively

I can listen to other people

I can share appropriately

I know that my behaviour affects other people

I can enter a simple discussion with one person, as part of a group

I can tell when I feel cared for I can tell when I love or care for someone I understand that if someone leaves me they might still love me I understand that people have to make hard choices and sometimes they have no choice I can share people I care about I can talk about my feelings when I feel alone or when I have to share someone or something that is important to me I can tell you how I feel when I lose someone or something I care about I can talk about my feelings when I feel alone

SPIRAL SEAL STATEMENTS

Knowing Myself I know how I feel and how others make me feel **Understanding my Feelings** I understand feelings like anger, hurt, jealousy, quilt, and embarrassment Managing My Feelings I know how to do things to make me feel better Understanding the Feelings of Others I understand about how others are feelina Social Skills I know things to do to make others feel better **Making Choices** I know how to make a good choice

SRE (Year A) - Y2

SRE I know that individuals have rights over their own bodies and that there

are differences between good and bad touching I know how diseases are spread I can name the main characteristics of boys and girls I know there are appropriate words for describing body parts I can value my own body and say why it is special I know that people can do different things according to their age and development I know that people grow from young ▼ to old I understand how people's needs change as they grow older I am beginning to recognise a range of human emotions and to deal with them positively

WORKING TOGETHER

I can take part in discussions with others about topical issues I can explain my views and opinions I can listen to others and respect their viewpoints

TRANSITION

I can identify positive achievements during my time in KS1 I can explain what I am worried about and

what I am looking forward to in Year 3

I know what to expect when I start KS2

I can tell you how I can make someone who is important to me happy I can express feelings of guilt I can tell you some ways to make amends if I have done something cruel or unkind I can tell when I feel ashamed about something and I know when to tell someone about it I can say when I might feel guilty I can tell you some ways to put things right I know some things I can do when I feel quilty I can tell when something is my fault and when something is not my fault I can take responsibility for what I choose to do I know how to make a good choice I can take responsibility for what I choose to do I know when I will feel guilty and use this when T make a choice

TRANSITION

I can identify positive achievements during my time in Y3

I can explain what I am worried about and what I am looking forward to in Year 4 I know what to expect when I start my new

I know what to expect when I start my new class

SPIRAL SEAL STATEMENTS

Knowing Myself I know how I feel and how others make me feel **Understanding my Feelings** I understand feelings like anger, hurt, jealousy, quilt, and embarrassment Managing My Feelings I know how to do things to make me feel better Understanding the Feelings of Others I understand about how others are feelina Social Skills I know things to do to make others feel better **Making Choices** I know how to make a good choice

SRE (Year A) - Y3

<u>SRE</u>

I know what type of physical contact is acceptable or unacceptable I know that there are different types of relationships e.g. friend, family I know how to form and keep good relationships with people I understand that relationships may change

I can take responsibility for my own behaviour and safety I realise that my actions have consequences I know that some school rules help to keep me healthy e.g. washing hands,

using tissues

WORKING TOGETHER

I can take on a role in a group and contribute to the overall outcome I can begin to challenge negative behaviours including stereotyping I have some strategies for coping with negative peer pressure I know that other people have different points of view and I can react positively to this

I can tell you how I feel about the important people or animals in my life I know how most people feel when they lose something or someone they love I know some ways to celebrate the life of someone I care about I can tell you about someone that I no longer see I understand that we can remember people even if we no longer see them

SPIRAL SEAL STATEMENTS

Knowing Myself I know how I feel and how others make me feel **Understanding my Feelings** I understand feelings like anger, hurt, jealousy, quilt, and embarrassment Managing My Feelings I know how to do things to make me feel better Understanding the Feelings of Others I understand about how others are feelina Social Skills I know things to do to make others feel better **Making Choices** I know how to make a good choice

<u>SRE</u>

I know why it is important to take care of my own body I understand that my body and emotions will change as I grow older I understand the language used to describe changes and feelings

I can take responsibility for my own behaviour and safety I realise that my actions have consequences.

I know that my own emotional health & wellbeing is affected by my selfimage

I know that my relationships and the media can affect my self-image

TRANSITION

I can identify positive achievements during my time in Y4 I can explain what I am worried about and what I am looking forward to in Year 5 I know what to expect when I start my new class SRE (Year A) - Y4

WORKING TOGETHER

I can take on a role in a group and contribute to the overall outcome I can begin to challenge negative behaviours including stereotyping I have some strategies for coping with peer influences I know that other people have different points of view and I can react positively to this

I can find out about people who are important to me

I can give and receive a compliment I can tell you about a time when I felt embarrassed and what it felt like I know some things to do when I feel embarrassed that will not make things worse

I can use a problem-solving approach to sort out an embarrassing situation I can think about what embarrasses me and learn something about me that I

didn't know before I have helped someone who felt

embarrassed

I know how to make people feel good about themselves

I can recognise when I am using a put-down

I can recognise stereotyping

I can try to challenge stereotypes

TRANSITION

I can identify positive achievements during my time in Y5 I can explain what I am worried about and what I am looking forward to in Year 6 I know what to expect when I start my new

class

SPIRAL SEAL STATEMENTS **Knowing Myself** I know how I feel and how others make puberty me feel **Understanding my Feelings** I understand feelings like anger, hurt, jealousy, quilt, and embarrassment Managing My Feelings I know how to do things to make me feel better Understanding the Feelings of Others I understand about how others are feelina Social Skills I know things to do to make others feel better **Making Choices** I know how to make a good choice friendship SRE (Year A) - Y5

<u>SRE</u>

I know how the body changes during I know the importance of simple, safe routines to prevent the spread of bacteria & viruses I know how to manage physical changes practically, including menstruation I know that there are strong emotional changes brought on by puberty and have some strategies for dealing with emotional changes I know that there are different degrees of commitment within relationships I know that there are different types of relationships inc. marriage, I know who can help me manage physical and emotional change I know that the media presents both positive and negative stereotypical images e.g. body image & gender bias WORKING TOGETHER I can take on a role in a group and

I can take on a role in a group and contribute to the overall outcome I can discuss in a group how well we are working together I know that I can feel pressurised

when working in a group & have strategies for dealing with this

I know some of the feelings people have when someone close dies or leaves I can use some strategies to manage these feelings I understand that different people show their feelings in different ways I understand that there is not just one way to grieve I can use some strategies to manage feelings associated with loss

SPIRAL SEAL STATEMENTS **Knowing Myself** I know how I feel and how others make me feel **Understanding my Feelings**

I understand feelings like anger, hurt, jealousy, quilt, and embarrassment Managing My Feelings

I know how to do things to make me feel hetter

Understanding the Feelings of Others I understand about how others are feelina Social Skills

I know things to do to make others feel better

Making Choices

I know how to make a good choice

SRE (Year A) - Y6

SRE I know how the body changes during I know how to manage physical changes practically, including menstruation

I know that there are strong emotional changes brought on by puberty

I have some strategies for dealing with emotional changes

I know that relationships can be

affected during puberty

puberty

ѫ

I know that there are different types of sexual relationships.

I know what type of physical contact is acceptable or unacceptable

I know that the media presents both positive and negative stereotypical images e.g. body image & gender bias I know and I accept that differences and similarities between people arise from a number of factors inc. gender and sexuality

TRANSITION

I can identify positive achievements during my time at Primary School I can explain what I am worried about and what I am looking forward to at Secondary School I know what to expect when I start Secondary School

WORKING TOGETHER

I can take on a role in a group and contribute to the overall outcome I can discuss in a group how well we are working together I know that I can feel pressurised when working in a group & have strategies for dealing with this

I can tell you some things about me that have changed and some things that will not change

I can tell you how I might change in the future

I know that some changes are natural and happen 'by themselves'

I know different ways that help me to learn to do things

I can tell you about changes that I can make happen

I can make some changes quickly and easily I know that to make some changes is hard

and takes a long time



Managing my Feelings I know ways of dealing with my feelings

Planning to Reach a Goal

I can think about and plan to overcome obstacles

Making Choices

I know that I make my own choices about my behaviour

Belonging to a Community

I know how change can interfere with our feelings of belonging

SRE (Year B) - Y1

SRE

I can name the main parts of the body I understand the concept of male and female

I know that it is good to care for my body

I know that not caring for my body can make me ill or uncomfortable

I know there are different types of

relationships - family, friends, others I know that family and friends should

care for each other

I know it is important to keep my

body clean

I know that there are people who can help me

TRANSITION

I can identify positive achievements during my time in Y1

I can explain what I am worried about and what I am looking forward to in Year 2

I know what to expect when I start year 2

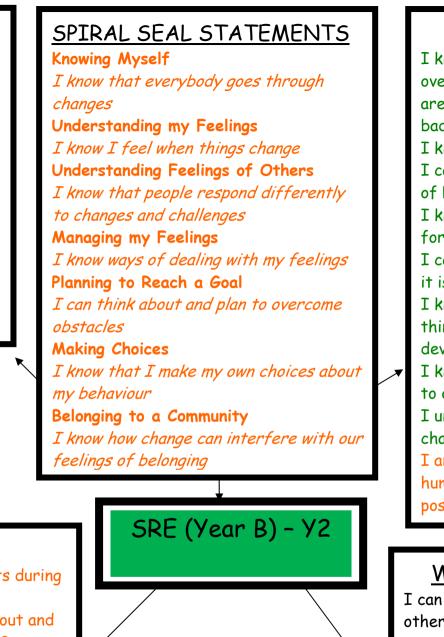
WORKING TOGETHER

I can work and play cooperatively I can listen to other people I can share appropriately I know that my behaviour affects other people I can enter a simple discussion with

one person, as part of a group

I can tell you what a habit is and know that it is hard to change one I know what it means when something is or isn't your fault I can tell you about a plan I have made with my class to change something in our school I can plan to overcome obstacles that might get in the way I know that I make my own choices about my

behaviour



SRE

I know that individuals have rights over their own bodies and that there are differences between good and bad touching I know how diseases are spread I can name the main characteristics of boys and girls I know there are appropriate words for describing body parts I can value my own body and say why it is special I know that people can do different things according to their age and development I know that people grow from young to old I understand how people's needs change as they grow older I am beginning to recognise a range of human emotions and to deal with them positively

WORKING TOGETHER

I can take part in discussions with others about topical issues I can explain my views and opinions I can listen to others and respect their viewpoints

TRANSITION

I can identify positive achievements during my time in Y2 I can explain what I am worried about and

what I am looking forward to in KS2

I know what to expect when I start KS2

I know that change can be really good and can tell you about some changes that have made our lives much better I know that everybody goes through many different sorts of change all the time I can tell you about some of the things that have changed in my life, and how I feel about them I know that even changes we want to happen can sometimes feel uncomfortable

I know some ways of dealing with the feelings that sometimes arise from changes I can tell you about a plan I have made to change something about my behaviour I can think about and plan to overcome obstacles SPIRAL SEAL STATEMENTS **Knowing Myself** I know that everybody goes through changes Understanding my Feelings I know I feel when things change Understanding Feelings of Others I know that people respond differently to changes and challenges Managing my Feelings I know ways of dealing with my feelings Planning to Reach a Goal I can think about and plan to overcome obstacles **Making Choices** I know that I make my own choices about my behaviour Belonging to a Community I know how change can interfere with our feelings of belonging

TRANSITION

I can identify positive achievements during my time in Y3 I can explain what I am worried about and

what I am looking forward to in Y4

I know what to expect when I start Y4

<u>SRE</u>

I can judge what kind of physical contact is acceptable or unacceptable I can identify different types of relationships and show different ways to maintain relationships

I can understand that relationships may change

WORKING TOGETHER

I can explain how my actions have consequences for myself and others I can empathise with other people and situations through topical issues, problems and events

I can participate in making and changing rules

SRE (Year B) - Y3

I can tell you how I would feel if a change that I didn't want to happen was imposed on me

I know some of the reasons that change can feel uncomfortable and scary I can tell you how it feels to belong to a group, and know it is important for everyone I know that what we feel and think affects what we do (how we behave) I can tell you why I behave as I do when I am finding a change difficult I can sometimes understand why other people are behaving as they are when they are finding a change difficult I know some ways of dealing with the feelings that sometimes arise from changes

SPIRAL SEAL STATEMENTS **Knowing Myself** I know that everybody goes through changes Understanding my Feelings I know I feel when things change Understanding Feelings of Others I know that people respond differently to changes and challenges Managing my Feelings I know ways of dealing with my feelings Planning to Reach a Goal I can think about and plan to overcome obstacles **Making Choices** I know that I make my own choices about my behaviour Belonging to a Community I know how change can interfere with our feelings of belonging

<u>SRE</u>

I can feel good about myself and my body

I know the importance of taking care of my own body and recognise that this may be different for people for people from other cultures I understand the language used to describe changes and feelings I understand that my body and emotions will change as I grow older I can identify some factors that affect emotional health and well being, eg relationships with family and friends

TRANSITION

I can identify positive achievements during my time in Y4 I can explain what I am worried about and

what I am looking forward to in Y5

I know what to expect when I start Y5

SRE (Year B) - Y4

WORKING TOGETHER

I use some strategies to cope with peer influences

- I can respond appropriately to other
- people's feelings
- I can acknowledge that others have different points of view

I am aware of common responses to difficult changes, and that they are sometimes similar to our responses when experiencing loss

I understand how it might feel when a change takes you away from familiar people and places

I can try to understand why people might behave the way they do when they are facing a difficult change

I know how change can interfere with our feeling of belonging and can make us feel insecure and unconfident

I know that sometimes there can be positive outcomes from changes that we didn't welcome initially

I can tell you some of my own 'sore spots' I can recognise when I might over-react because someone has touched a 'sore spot' I recognise that my behaviour is my responsibility, even when someone has touched a 'sore spot'

I know that people respond differently to changes and challenges

class

TRANSITION

I can identify positive achievements during my time in Y5 I can explain what I am worried about and what I am looking forward to in Year 6 I know what to expect when I start my new

SPIRAL SEAL STATEMENTS **Knowing Myself** I know that everybody goes through changes Understanding my Feelings I know I feel when things change Understanding Feelings of Others I know that people respond differently to changes and challenges Managing my Feelings I know ways of dealing with my feelings Planning to Reach a Goal I can think about and plan to overcome obstacles **Making Choices** I know that I make my own choices about my behaviour Belonging to a Community I know how change can interfere with our feelings of belonging

SRE (Year B) - Y5

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<u>SRE</u>

I know how the body changes during puberty I know the importance of simple, safe routines to prevent the spread of bacteria & viruses I know how to manage physical changes practically, including menstruation I know that there are strong emotional changes brought on by puberty and have some strategies for dealing with emotional changes I know that there are different degrees of commitment within relationships I know that there are different types of relationships inc. marriage, friendship I know who can help me manage physical and emotional change I know that the media presents both positive and negative stereotypical images e.g. body image & gender bias

WORKING TOGETHER

I can take on a role in a group and contribute to the overall outcome I can discuss in a group how well we are working together I know that I can feel pressurised when working in a group & have strategies for dealing with this

I know that change is important to people's lives I can identify times of change in my own life and lives of others I know what it feels like to experience change I know that it is natural to be wary of change I know that all feelings have a purpose, even uncomfortable ones I know that people behave in a certain way when they feel uncomfortable I know that behaviour is a personal responsibility

SPIRAL SEAL STATEMENTS

Knowing Myself I know that everybody goes through changes Understanding my Feelings I know I feel when things change Understanding Feelings of Others I know that people respond differently to changes and challenges Managing my Feelings I know ways of dealing with my feelings Planning to Reach a Goal I can think about and plan to overcome obstacles **Making Choices** I know that I make my own choices about my behaviour Belonging to a Community I know how change can interfere with our feelings of belonging

I know how to manage physical changes practically, including menstruation I know that there are strong emotional changes brought on by puberty I have some strategies for dealing with emotional changes I know that relationships can be affected during puberty I know that there are different types of sexual relationships I know what type of physical contact is acceptable or unacceptable I know that the media presents both positive and negative stereotypical images e.g. body image & gender bias I know and I accept that differences and similarities between people arise from a number of factors inc. gender and sexuality

SRE

I know how the body changes during

puberty

TRANSITION

I can identify positive achievements during my time at Primary School

I can explain what I am worried about and what I am looking forward to at Secondary School

I know what to expect when I start Secondary School

WORKING TOGETHER

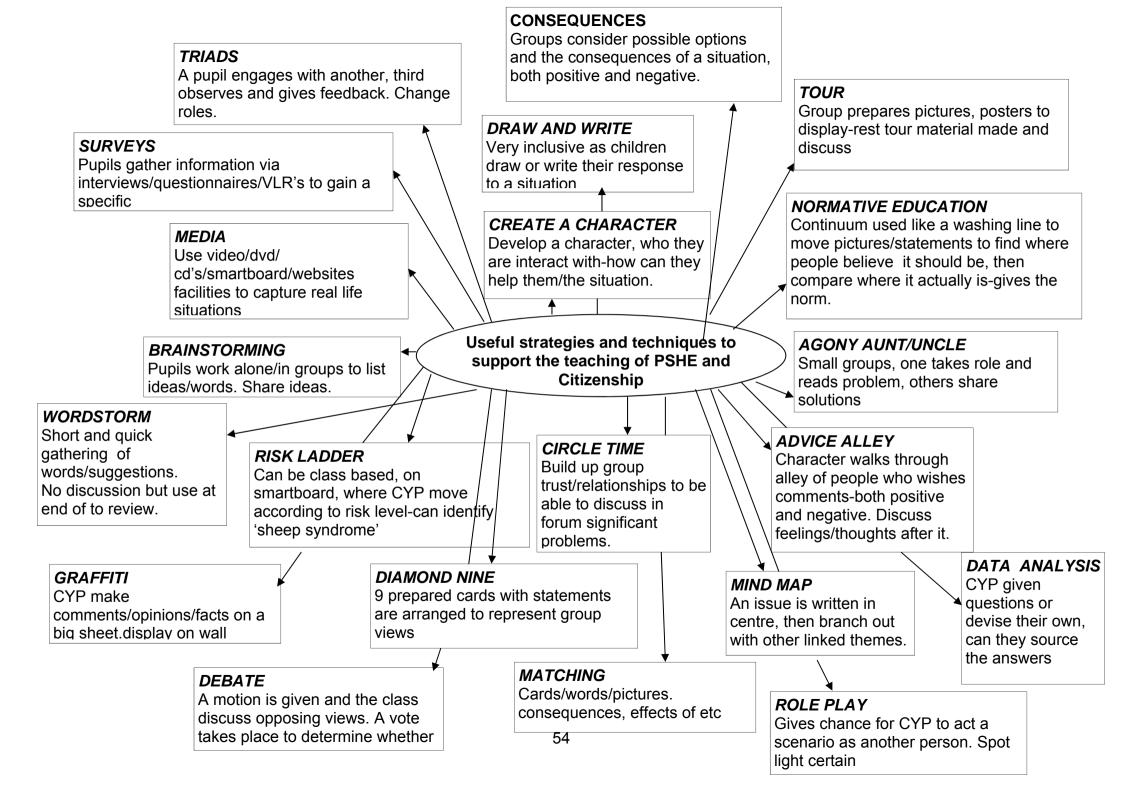
I can take on a role in a group and contribute to the overall outcome I can discuss in a group how well we are working together

I know that I can feel pressurised when working in a group & have strategies for dealing with this



Section Four

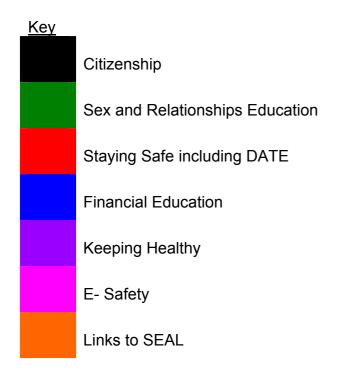
Useful Strategies and Techniques to Support the Teaching of PSHE/Citizenship





Section Five

Exemplification of a 3 Year Rolling Programme Clapham CE Primary School



PSHCE 3 YEAR ROLLING PROGRAMME CLAPHAM C of E (VC) PRIMARY SCHOOL

TERM	YEAR A1	YEAR B1	YEAR C1
AUTUMN 1	Good to be me	New beginnings	Relationships
AUTUMN 2	Citizenship	Community	Keeping safe
SPRING 1	Getting on, falling out	Going for goals	Changes
SPRING 2	Citizenship	Community	Keeping safe
SUMMER 1	Healthy lifestyles	Drug education	Sex and relationship education
SUMMER 2	Healthy lifestyles	Drug education	Community

Reception, Year 1 and Year 2

TERM	YEAR A2	YEAR B2	YEAR C2
AUTUMN 1	Good to be me	New beginnings	Relationships
AUTUMN 2	Citizenship	Community	Keeping safe
SPRING 1	Getting on, falling out	Going for goals	Changes
SPRING 2	Citizenship	Community	Keeping safe
SUMMER 1	Healthy lifestyles	Drug education	Sex and relationship education
SUMMER 2	Healthy lifestyles	Drug education	Sex and relationship education

Year 3, Year 4 and Year 5

SEAL materials cover most of the National Curriculum objectives for Personal, Social and Health Education and Citizenship (PSHCE), but not all. The aim of this long-term plan is to ensure our school is delivering SEAL *and* a comprehensive planned PSHE / Citizenship curriculum.

Clapham C of E (VC) Primary uses SEAL themes over a three-year cycle, to ensure

- Coverage of the PSHE and Citizenship curriculum
- work-load: displays and planning over a term
- possibility of alternating SEAL and PSHE

Theme	National Curriculum (NC)	Circle Time and Other Resources	QCA End of Key Stage Descriptor
YEAR A Autumn 1 Good to be Me Links to Healthy Schools Status: • PSHE Emotional Health and Well- being	see page 2 in SEAL booklet for PSHE and Citizenship (not listed in SEAL booklet: KS1: 5b KS2: 5b, 5g) see page 1 for the social and emotional aspects of learning covered in the theme: empathy self-awareness managing feelings	Penny Vine Circle Times: 1. I can say one good thing about me 2. I can listen well to good things about myself 6. I know that it's OK for me to make mistakes and learn from them 9. I value my achievements 10. I am proud of what I can do Lead Teacher SEAL Circle Times	Key stage 1 Children can identify and name some feelings and express some of their positive qualities. They can demonstrate that they can manage some feelings in a positive and effective way. They can set themselves simple goals. Cooperate with others. They can identify and respect differences and similarities between people.
	see page 1 for intended learning outcomes	Tacade 'I am, I know, I can' – use activity linked with NC objectives	Key Stage 2 Children can demonstrate that they recognise their own worth and that of others. They can express their views confidently and listen to and show respect for the views of others. Can discuss

Theme	National Curriculum (NC)	Circle Time and Other Resources	QCA End of Key Stage Descriptor
			some of the bodily and
			emotional changes at
			puberty, and can
			demonstrate some ways of
			dealing with these in a
			positive way. Can make
			judgments and decisions
			and can list some ways of
			resisting negative peer
			pressure around issues
			affecting their health and
			well-being. They can identify
			and explain how to manage
			the risks in different familiar
			situations. Can explain how their actions have
			consequences for
			themselves and others.
			They can identify different
			types of relationship and can
			show ways to maintain good
			relationships.
YEAR A Autumn 2			
Citizenship	Key stage 1	Key stage 1	Key stage 1
	1e) about the range of jobs	QCA Citizenship Unit 4:	They can identify and
Links to Healthy Schools	carried out by the people	People who help us	respect differences and
Status:	they know, and to	Tacade 'I am, I know, I can'	similarities between people.
• PSHE	understand how they	– use 11, 12, 13	
Emotional Health and Well-	develop skills to make their	Penny Vine Circle Times:	
being	own contribution in the	17. I try to take care of the	
	future	world around me	
	2f) that they belong to	18. I can say how I affect the	

Theme	National Curriculum (NC)	Circle Time and Other Resources	QCA End of Key Stage Descriptor
	various groups etc Key stage 2 5d) make real choices and decisions (eghow to spend money and contributions to charities) 2i) money comes from different sources 1f) to look after their money and realize that future wants and needs may be met through saving	environment Key stage 2 QCA PSHE Unit 7: Looking after my money (Y3, Y4, Y5, Y6)	Key stage 2 They can demonstrate how to look after and save money.
YEAR A Spring 1 Getting On and Falling Out Links to Healthy Schools Status: • PSHE Emotional Health and Well- being	see page 2 in SEAL booklet for PSHE and Citizenship see page 1 for the social and emotional aspects of learning covered in the theme: empathy social skills managing feelings see page 1 for intended learning outcomes	Penny Vine Circle Times: 5. I try to tell the truth even if it's hard 11. I try to tell the truth even if it's hard 12. I know what to do if I see anyone being hurt 14. I try to stand up for others and myself without hurting other people 25. I can suggest one way we can make our school friendly 30. I know how to help others when they are in trouble 32. I co-operate with others	Key stage 1 Children can identify and name some feelings. They can demonstrate that they can manage some feelings in a positive and effective way. Begin to share their views and opinions. They can set themselves simple goals. They can recognise the effect of their behaviour on other people, and can cooperate with others. They can identify and respect differences and similarities between people. Can explain different ways that

Theme	National Curriculum (NC)	Circle Time and Other Resources	QCA End of Key Stage Descriptor
		in work and play	family and friends should
		33. I try to use words that	care for one another.
		make the world a better	
		place	Key Stage 2
		35. I notice that we are the	Children can demonstrate
		same and I notice that we	that they recognise their own
		are different – to be both is	worth and that of others.
		OK	They can express their
		39. I stand up for people	views confidently and listen
		who are being treated	to and show respect for the
		unfairly	views of others. They can
			identify positive ways to face
		Lead Teacher SEAL Circle	new challenges. Can explain
		Times	how their actions have
			consequences for
		Tacade 'I am, I know, I can'	themselves and others.
		– use activity linked with NC	They can identify different
		objectives	types of relationship and can
			show ways to maintain good
			relationships. They can
			describe some of the
			different beliefs and values
			in society, and can
			demonstrate respect and
			tolerance towards people
			different from themselves.
YEAR A Spring 2			
Citizenship	Key stage 1	Key stage 1	Key stage 1
-	2g) what harms and	Tacade 'I am, I know, I can'	They can identify and
Links to Healthy Schools	improves local, natural, built	– use 11, 12, 13	respect differences and
Status:	environment	Penny Vine Circle Times:	similarities between people.
• PSHE		17. I try to take care of the	

Theme	National Curriculum (NC)	Circle Time and Other Resources	QCA End of Key Stage Descriptor
Emotional Health and Well- being	Key stage 2 2g) what democracy is and about the basic institutions that support it locally and nationally 5c) participate (eg school's decision-making process, relating it to democratic structures and processes such as councils, parliaments, government and voting)	world around me 18. I can say how I affect the environment Key stage 2 QCA Unit 10: Local democracy for young citizens Tacade 'I am, I know, I can' – use 31, 32, 39 Missdorothy.com	Key stage 2 They can talk about a range of jobs, and explain how they will develop skills to work in the future. They can demonstrate how to look after and save money.
 YEAR A Summer 1 and 2 Healthy lifestyles Links to Healthy Schools Status: PSHE Emotional Health and Well-being Physical activity Healthy Eating 	Key stage 1 3c) how some diseases spread and can be controlled 3e) the names of the main parts of the body	Key stage 1 QCA PSHE Unit 2: Keeping the body healthy (Y1, Y2) QCA PSHE Unit 3: Making choices for a healthy life (Y1, Y2) Tacade 'I am, I know, I can' – use 17, 19 Health for Life Ages 4 – 7: pp 103 – 120	Key stage 1 They can make simple choices about some aspects of their health and well-being and know what keeps them healthy. They can explain ways of keeping clean. They can name the main parts of the body.
	Key stage 2 5d) make real choices and decisions (eg about issues affecting their health and well-being)	Key stage 2 QCA Unit 6: Eating Healthily, being active (Y3, Y4) Health for Life Ages 8 – 11: pp21 – 28, 35 – 52, 146 - 155	Key stage 2 I can suggest one way we can make our school a healthy school.

Theme	National Curriculum (NC)	Circle Time and Other Resources	QCA End of Key Stage Descriptor
Year B Autumn 1 New Beginnings Links to Healthy Schools Status: • PSHE • Emotional Health and Well-being	see page 2 in SEAL booklet for PSHE and Citizenship see page 1 for the social and emotional aspects of learning covered in the theme: empathy self-awareness social skills motivation see page 1 for intended learning outcomes	ResourcesPenny Vine Circle Times:3. I can say how I feel13. I understand that rights match responsibility15. I try to follow our school and classroom rules28. I can recognise comfortable and uncomfortable feelings31. I listen to what you say; I show that I am listening to you37. I know what respect means and I show that I respect othersLead Teacher SEAL Circle TimesTacade 'I am, I know, I can' – use activity linked with NC objectives	DescriptorKey stage 1Children can identify and name some feelings and express some of their positive qualities. They can demonstrate that they can manage some feelings in a positive and effective way. They begin to share their views and opinions. They can set themselves simple goals. They can recognise the effect of their behaviour on other people, and can cooperate with others. They can identify and respect differences and similarities between people, and can explain different ways that family and friends should care for one another.Key Stage 2 Children can demonstrate that they recognise their own worth and that of others. They can express their views confidently and listen
			identify positive ways to face

Year B Autumn 2 Community (local/national) Links to Healthy Schools Status: • PSHE • Emotional Health and Well-being	Key stage 1 5c) take part in discussions (eg talking about topics of school, local, national, European, Commonwealth and global concern)	Key Stage 1 QCA Citizenship Unit 6: Developing our school grounds Penny Vine Circle Times: 17. I try to take care of the world around me 18. I can say how I affect the environment 20. I know about the people who work together in our school	new challenges. Children can explain how their actions have consequences for themselves and others. They can describe the nature and consequences of bullying, and can express ways of responding to it. They can identify different types of relationship and can show ways to maintain good relationships. Key stage 1 They begin to share their views and opinions. They can recognise the effect of their behaviour on other people, and cooperate with others.
	Key stage 2 5a) take responsibility (eg for planning and looking after the school environment) 5d) make real choices and decisions (egmoney and contributing to charities)	Key stage 2 QCA Unit 7: Children's rights – human rights QCA Unit 9: Respect for property	Key stage 2 They can demonstrate that they recognise their own worth and that of others. They can express their views confidently and listen to and show respect for the views of others. They can

	2h) to recognise the role of voluntary, community and pressure groups 2j) that resources can be allocated in different ways and that these economic choices affect individuals, communities and the sustainability of the environment		identify positive ways to face new challenges. They can demonstrate how their actions have consequences for themselves and others.
Year B Spring 1 Going for Goals Links to Healthy Schools Status: • PSHE Emotional Health and Well- being	see page 2 in SEAL booklet for PSHE and Citizenship see page 1 for the social and emotional aspects of learning covered in the theme: self-awareness motivation see page 1 for intended learning outcomes	Penny Vine Circle Times: 4. I can say one thing I would like to get better at 6. I know that it's OK for me to make mistakes and learn from them 7. I can set a simple target for myself 8. I try to keep going when things are difficult Lead Teacher SEAL Circle Times Tacade 'I am, I know, I can' – use activity linked with NC objectives	Key stage 1 Children can identify and name some feelings and express some of their positive qualities. They can demonstrate that they can manage some feelings in a positive and effective way. They can set themselves simple goals. They can recognise the effect of their behaviour on other people, and can cooperate with others. They can identify and respect differences and similarities between people. Key Stage 2 Children can demonstrate that they recognise their own worth and that of others. They can express their views confidently and listen

Year B Spring 2 Community (global/national) Links to Healthy Schools Status: • PSHE - Emotional Health and Well-being	Key stage 1 5c) take part in discussions (eg talking about topics of school, local, national, European, Commonwealth and global concern)	Key stage 1 QCA Citizenship Unit 5: Living in a diverse world	to and show respect for the views of others. They can identify positive ways to face new challenges. They can identify and explain how to manage the risks in different familiar situations. Children can explain how their actions have consequences for themselves and others. They can describe the nature and consequences of bullying, and can express ways of responding to it. Key stage 1 They begin to share their views and opinions. They can recognise the effect of their behaviour on other people, and cooperate with others.
	Key stage 2 2k) to explore how the media present information 5d) make real choices and decisions (egmoney and contributing to charities)	Key stage 2 QCA Citizenship Unit 11: In the media – what's in the news? Health for Life Ages 8 – 11: pp 156 – 159 Missdorothy.com QCA Citizenship Unit: Choices Tacade 'I am, I know, I can' – use 40, 42, 43	Key stage 2 They can demonstrate that they recognise their own worth and that of others. They can express their views confidentiality and listen to and show respect for the views of others. They can identify positive ways to face new challenges. They can demonstrate how their

			actions have consequences for themselves and others.
Year B Summer 1 and 2 Drug education Links to Healthy Schools Status: • PSHE • Emotional Health and Well-being	Key stage 1 3f) that all household products including medicines can be harmful if not used properly	Key stage 1 Penny Vine Circle Times: 22. I think before I make choices that affect my health Tacade 'I am, I know, I can' – use 20 Tacade: The World of Tobacco /Alcohol / Drugs QCA Drug, Alcohol and Tobacco Education Unit A: Keeping ourselves and others safe Health for Life Ages 4-7: pp 37-59, 132-147	Key stage 1 They can make simple choices about some aspects of their health and well-being and know what keeps them healthy. They can talk about the harmful aspects of some household products and medicines, and describe ways of keeping safe in familiar situations.
	Key stage 2 3d) which commonly available substances and drugs are legal and illegal, their effects and risks 5d) make real choices and decisions (eg about issues affecting their health and well-being such as smoking) 5h) find information and advice	Key stage 2 Penny Vine Circle Times: 22. I think before I make choices that affect my health Tacade 'I am, I know, I can' – use 47 Tacade: The World of Tobacco /Alcohol / Drugs	Key stage 2 Children can make choices about how to develop healthy lifestyles. They can identify some factors that affect emotional health and well-being. They can make judgements and decisions and can list some ways of resisting negative peer pressure around issues affecting their health and

QCA Drug, Alcohol and Tobacco Education Unit B: Risk-taking and dealing with pressure QCA Drug, Alcohol and Tobacco Education Unit C: Building knowledge and understanding about drugs and alcohol	well-being. They can list the commonly available substances and drugs that are legal and illegal, and can describe some of the effects and risks of these. They can identify and explain how to manage the risks in different familiar situations.
Health for Life Ages 8-11: pp54-75, 168-176	

Theme	National Curriculum (NC)	Circle Time and Other Resources	QCA End of Key Stage Descriptor
Year C Autumn 1 Relationships Links to Healthy Schools Status: • PSHE • Emotional Health and Well-being	see page 2 in SEAL booklet for PSHE and Citizenship (not listed in SEAL booklet: KS2: 5f) see page 1 for the social and emotional aspects of learning covered in the theme: empathy self-awareness managing feelings see page 1 for intended learning outcomes	Penny Vine Circle Times: 5. I try to tell the truth even if it's hard 11. I know what trust means 16. I try to be considerate of other people's needs 19. I treat all adults and children with respect 23. I realise what I do affects how others feel 34. I try to look at the world through your eyes 38. I give people time especially when I'm struggling to accept them Lead Teacher SEAL Circle	Key stage 1 Children can identify and name some feelings. They can demonstrate that they can manage some feelings in a positive and effective way. They begin to share their views and opinions. They can recognise that bullying is wrong and can list some ways to get help in dealing with it. They can identify and respect differences and similarities between people. Can explain different ways that family and friends should
		Times Tacade 'I am, I know, I can' – use activity linked with NC objectives	care for one another. Key Stage 2 Children can demonstrate that they recognise their own worth and that of others. They can express their views confidently and listen to and show respect for the views of others. Can discuss some of the bodily and emotional changes at puberty, and can demonstrate some ways of

			dealing with these in a positive way. They can identify and explain how to manage the risks in different familiar situations. Children can explain how their actions have consequences for themselves and others. They can describe the nature and consequences of bullying, and can express ways of responding to it. They can identify different types of relationship and can show ways to maintain good relationships. They can respond to, or challenge, negative behaviours such as stereotyping and aggression. They can describe some of the different beliefs and values in society, and can demonstrate respect and tolerance towards people different from themselves.
Year C Autumn 2 Keeping Safe Links to Healthy Schools Status: • PSHE	Key stage 1 3g) rules for, and ways of, keeping safe, including basic road safety, and about people who can help them to stay safe	Key stage 1 Tacade 'I am, I know, I can' – use 21 Health for Life ages 4 – 7: pp31 – 36, 60 – 79, 148 – 171	Key stage 1 They can talk about the harmful aspects of some household products and medicines, and describe ways of keeping safe in

Well-being			recognise the effect of their behaviour on other people, and cooperate with others.
	Key stage 2 5h) find information and advice (eg through helplines, by understanding about welfare systems in society)	Key stage 2 Penny Vine Circle Times: 26. I know when to ask for help 27. I know who to go to for help 29. I know who to go to if I'm hurt	Key stage 2 They can identify and explain how to manage the risks in different familiar situations.
Year C Spring 1 Changes	see page 2 in SEAL booklet for PSHE and Citizenship	Penny Vine Circle Times: 22. I think before I make	Key stage 1 Children can identify and
Links to Healthy Schools Status: • PSHE • Emotional Health and Well-being	see page 1 for the social and emotional aspects of learning covered in the theme: social skills motivation managing feelings see page 1 for intended learning outcomes	 22. I think before I make choices that affect my health 24. I can suggest one way we can make our school a healthy school Lead Teacher SEAL Circle Times Tacade 'I am, I know, I can' – use activity linked with NC objectives 	name some feelings. They can demonstrate that they can manage some feelings in a positive and effective way. They can set themselves simple goals. They can recognise the effect of their behaviour on other people, and can cooperate with others. They can identify and respect differences and similarities between people. Key Stage 2 Children can demonstrate
			that they recognise their own worth and that of others. They can express their

			views confidently and listen to and show respect for the views of others. They can identify positive ways to face new challenges. Can explain how their actions have consequences for themselves and others. They can identify different types of relationship and can show ways to maintain good relationships. They can describe some of the different beliefs and values in society, and can demonstrate respect and tolerance towards people different from themselves.
Year C Spring 2 Keeping Safe Links to Healthy Schools Status: • PSHE • Emotional Health and Well-being	Key stage 1 5h) ask for help (eg from family and friends, midday supervisor, older pupils, the police) 5a) take and share responsibility (eg for their own behaviour)	Key stage 1 Penny Vine Circle Times: 26. I know when to ask for help 27. I know who to go to for help 29. I know who to go to if I'm hurt	They can talk about the harmful aspects of some household products and medicines, and describe ways of keeping safe in familiar situations. They can recognise the effect of their behaviour on other people, and cooperate with others
	Key stage 2 5a) take responsibility (eg for identifying safe, healthy and sustainable means of travel when	Key stage 2 Health for Life Ages 8 – 11: pp 76–107, 160-167, 226- 260 <u>www.fronter</u> – Hector's	They can identify and explain how to manage the risks in different familiar situations.

	planning their journey to school) E-safety (cyber safety)	World, EHWB)	
Year C Summer 1 and 2 Sex and Relationship Education Links to Healthy Schools Status: • PSHE • Emotional Health and Well-being	Key stage 1 5f) develop relationships through work and play (eg by sharing equipment with other pupils or their friends in a group task) 5g) consider social and moral dilemmas that they come across in everyday life (eg aggressive behaviour, questions of fairness, right and wrong)	Key stage 1 Penny Vine Circle Times: 22. I think before I make choices that affect my health QCA PSHE Unit 1: Special people (Y1, Y2) Health for Life Ages 4-7: pp21-30, 80-96, 121-130, 172-196	Key stage 1 They can name the main parts of the body. They can explain that people grow from young to old. They begin to share their views and opinions. They can recognise the effect of their behaviour on other people, and cooperate with others.
	Key stage 2 3c) about how the body changes as they approach puberty 5i) prepare for change	Key stage 2 Penny Vine Circle Times: 22. I think before I make choices that affect my health Tacade 'I am, I know, I can' – use 46 QCA PSHE Unit 4: Support networks (Y5, Y6) QCA PSHE Unit 5: How the body works and changes in puberty (Y5, Y6) Health for Life Ages 8-11: pp29-34, 108-138, 177-225, 261-302	Key stage 2 They can discuss some of the bodily and emotional changes at puberty, and can demonstrate some ways of dealing with these in a positive way. They can identify different types of relationships and can show ways to maintain good relationships.



Section Six A

PSHE and Citizenship P-Scales Expected Learning Outcomes

P SCALES EXPECTED LEARNING OUTCOMES

When working towards Level 1 most pupils should be able to do work which requires them to:	
--	--

Developing a healthier, safer lifestyle
They carry out routine activities in a familiar context and show an
awareness of the results of their own actions (P6)
They judge right and wrong on the basis of the consequence of
their actions (P7)
They show a basic understanding of what is right and wrong in
familiar situations (P8)
They can seek help when needed, <i>e.g.</i> assistance in fastening their
clothes (P8)
7

They explore materials in increasingly complex ways, e.g. reaching out to touch the hair or face of another person during an interactive sequence (P3i)
They observe the results of their own actions with interest, <i>e.g. listening as an adult imitates their own vocalisations</i> (P3i)
They remember learned responses over more extended periods, e.g. co-operating with support for frequently repeated personal care procedures from day-to-day (P3i)
They can remember learned responses over increasing periods of time and may anticipate known events, <i>e.g. taking a place at the table when drink time is signalled</i> (P3ii)
They may respond to options and choices with actions or gestures, e.g. eye pointing to their choice of play or work partner (P3ii)
They actively explore objects and events for more extended periods, <i>e.g. prolonging an interactive sequence by producing new behaviours and triggering new responses from a partner</i> (P3ii)
They apply potential solutions systematically to problems, <i>e.g. vocalising repeatedly to request an interaction with a peer or adult</i> (P3ii)
Pupils follow familiar routines and take part in familiar tasks or activities with support from others (P4)
They join in discussions by responding appropriately (vocalising, using gestures, symbols or signing) to simple questions about familiar events or experiences, <i>e.g. 'What does the baby need?</i> (P5)

They move, with support, to new activities which are either directed or self-chosen (P7)
Pupils join in a range of activities in one-to-one situations and in small or large groups (P8)
They choose, initiate and follow through new tasks and self-selected activities (P8)
They communicate consistent preferences and affective responses, <i>e.g. expressing their immediate needs and feelings</i> (P2ii)
Pupils begin to communicate intentionally (P3i)
They seek attention through eye contact, gesture or action (P3i)
Pupils use emerging conventional communication (P3ii)
Pupils express their feelings, needs, likes and dislikes using single elements of communication (words, gestures, signs or symbols) (P4)
They show an understanding of 'yes' and 'no', and recognise and respond to animated praise or criticism (P4)
Pupils combine two elements of communication to express their feelings, needs and choices (P5)
Pupils communicate feelings and ideas in simple phrases (P7)
They can seek help when needed, <i>e.g. assistance in fastening their clothes</i> (P8)

P SCALES EXPECTED LEARNING OUTCOMES

PSHE and CITIZENSHIP

When working towards Level 1 most pupils should be able to do work which requires them to:

Preparing to play an active role as citizens	Developing good relationships and respecting the differences between people
They show some consideration of the needs and feelings of other people and other living things, <i>e.g. offering food to a visitor or watering a classroom plant</i> (P7)	They may have periods when they appear alert and ready to focus their attention on certain people, events, objects or parts of objects, <i>e.g. turning briefly towards another person</i> (P1ii)
They understand the need for rules in games, and show awareness of how to join in different situations (P8)	Pupils begin to respond consistently to familiar people, events and objects (P2i)
They treat living things and their environment with care and concern (P8)	They begin to show interest in people, events and objects, <i>e.g. watching as they bring their own hands together</i> (P2i)
They understand agreed codes of behaviour which help groups of people work together, and they support each other in behaving appropriately, <i>e.g. while queuing in a supermarket</i> (P8)	They accept and engage in co-active exploration, <i>e.g. sharing a hand massage with an adult</i> (P2i)
appropriately, e.g. while queuing in a supermarker (Fo)	They recognise familiar people, events and objects, <i>e.g.</i> , vocalising or gesturing in a particular way to another member of the class (P2ii)
	They co-operate with shared exploration and supported participation, <i>e.g. handling personal belongings passed to them</i> (P2ii)
	They participate in shared activities with less support (P3i)
	They greet known people and may initiate interactions and activities, <i>e.g. prompting responses from another pupil</i> (P3ii)
	They engage in parallel activity with several others (P4)
	They begin to respond to the feelings of others, e.g. matching their

emotions and becoming upset. (P4)
Pupils take part in work or play involving two or three others (P5)
They maintain interactions and take turns in a small group with some support (P5)
Pupils respond to others in group situations, playing or working in a small group co-operatively, <i>e.g. taking turns appropriately</i> (P6)
They may show concern for others, e.g. through facial expressions, gestures or tone of voice, and sympathy for others in distress and offer comfort (P6)
They make purposeful relationships with others in group activities and attempt to negotiate with them in a variety of situations, <i>e.g. if</i> <i>other pupils wish to use the same piece of equipment</i> (P7)
They are often sensitive to the needs and feeling of others and show respect for themselves and others (P8)



Section Six B Exemplification of Assessment Using 'P-Scales'

Taken from

"Portfolio of moderated examples of pupil's work: P levels and early stages of the National Curriculum" (SLD Outreach Support Service NYCC)

Specific examples of how pupils demonstrated attainment at P levels in PSED (across a range of ages and in a range of opportunities)

P Scales have been included to support assessment using the National Curriculum Levels for pupils not achieving Level 1 by the end of Year 1. PIVATS can be used to support target setting for small steps of learning for pupils who need additional and different provision from P1 to NC Level 4a. (Assessment of Learning, Performance Monitoring and Effective Target Setting for All Pupils-PIVATS

PSHCE P3ii



Level of Engagement	Tick
Encounter	
Awareness	
Attention and	
response	
Engagement	
Participation	\checkmark
Involvement	
Gaining skills and	
understanding	

Pupil: Stephen

Age: 11

Year Group: 6

Key Stage: 3

Context: PSHE. Circle time

Level of Support: No Help

Assessment: Stephen looked at a photograph of B. and was asked to 'Give it to him' without B's name being mentioned. Stephen looked around the group and took the photograph to B. then smiled and looked at him as a means of greeting him.

Level of Attainment: P3ii

Level Descriptor: Pupils use emerging conventional communication. They greet known people and may initiate interactions and activities, for example, prompting responses from another pupil. They can remember learned responses over increasing periods of time and may anticipate known events, for example, taking their place at the table when drink time is signalled. They may respond to options and choices with actions or gestures, for example, eye pointing to their choice of a play or work partner. They actively explore objects and events for more extended periods, for example, prolonging and interactive sequence by producing new behaviours and triggering new responses from a partner. They apply potential solutions systematically to problems, for example, vocalising repeatedly to request an interaction with a peer or adult.

Assessor:	Date:
Moderated P/NC Level:	
Moderated by:	Date:



Level of Engagement	Tick
Encounter	
Awareness	
Attention and	
Response	
Engagement	
Participation	\checkmark
Involvement	
Gaining Skills and	
understanding	

Pupil: James

Age: 11

Year Group: 7

Key Stage: 3

Context: Developing good relationships. The pupil was provided with symbols representing yes and no, and then asked a series of questions.

Level of Support: No help

Assessment: James demonstrated an understanding of yes/ no symbols when replying to questions for example 'Did you enjoy the story?' 'Are you a girl?'

Level of Attainment: P4

Level Descriptor: Pupils express their feelings, needs, likes and dislikes using single elements of communication (words, gestures, signs, or symbols). They engage in parallel play with several others. Pupils follow familiar routines and take part in familiar tasks or activities with support from others. They show an understanding of 'yes' and 'no', and recognise and respond to animated praise or criticism. They begin to respond to the feelings of others, *for example, matching their emotions and becoming upset.*

Assessor:	Date:

Moderated P/NC Level:

Moderated by:

Date:



Level of Engagement	Tick
Encounter	
Awareness	
Attention and	
Response	
Engagement	
Participation	\checkmark
Involvement	
Gaining Skills and	
understanding	

Pupil: Craig

Age: 14

Year Group: 10

Key Stage: 4

Context: Craig uses his VOCA to communicate his basic needs, wants, likes and dislikes in a small group situation.

Level of Support: No help

Assessment: Craig engages in activities alongside others, taking turns and responding appropriately to questions. He communicates his basic needs, wants, likes and dislikes with other people and is attentive to other people's contributions.

Level of Attainment: P5

Level Descriptor: Pupils take part in work or play involving two or three others. They maintain interactions and take turns in a small group with some support. Pupils combine two elements of communication to express their feelings, needs and choices. They join in discussions by responding appropriately (vocalising, using gestures, symbols or signing) to simple questions about familiar events or experiences, *for example, 'What does the baby need?'*

Assessor:	Date:
Moderated P/NC Level:	
Moderated by:	Date:



Level of Engagement	Tick
Encounter	
Awareness	
Attention and	
Response	
Engagement	
Participation	
Involvement	\checkmark
Gaining Skills and	
understanding	

Pupil: Liam

Age: 7

Year Group: 2

Key Stage: 1

Context: Group painting. Liam takes part in a play activity with two or three others in a cooperative manner.

Level of Support: No help

Assessment: Liam makes initiations to join activities and responds appropriately to others' actions and initiations. He is very sociable and responds well to others in a group situation with very little adult support. Liam is usually able to take turns and to recognise whose turn it is next. He is able to imitate the content of a group activity and learns well from the role models of buddies from partner school.

Level of Attainment: P6

Level Descriptor: Pupils respond to others in group situations, playing or working in a small group co-operatively, for example, taking turns appropriately. They carry out routine activities in a familiar context and show awareness of the results of their own actions. They may show concern for others, for example, through facial expressions, gestures or tones of voice, and sympathy for others in distress and offer comfort.

Assessor:	Date:
Moderated P/NC Level:	
Moderated by:	Date:



Level of Engagement	Tick
Encounter	
Awareness	
Attention and	
Response	
Engagement	
Participation	
Involvement	\checkmark
Gaining Skills and	
understanding	

Pupil: Sophie

Age: 13

Year Group: 8

Key Stage: 3

Context: Sophie was taking part in a group table game involving a spinner dial with number cards.

Level of Support: No help

Assessment: Sophie understands the need for rules in a game, and shows awareness of how to join in. She was aware of others in the group and would eagerly assist them.

Level of Attainment: P8

Level Descriptor: Pupils join in a range of activities in one-to-one situations and small or large groups. They choose, initiate and follow through new tasks and self-selected activities. They understand the need for rules in games, and show awareness of how to join in different situations. They understand agreed codes of behaviour which help groups of people work together, and they support each other in behaving appropriately, *for example, while queuing in a supermarket.* They show a basic understanding of what is right and wrong in familiar situations. They can seek help when needed, *for example, assistance to fasten their clothes.* They are often sensitive to the needs and feelings of others and show respect for themselves and others. They treat living things and their environment with care and concern.

Assessor:	Date:
Moderated P/NC Level:	
Moderated by:	Date:

PSHCE	P8
	Level of Engagement
	Encounter
	Awareness
See attached piece of work	Attention and response
	Engagement
	Participation
	Involvement
	Gaining skills and understanding

Pupil: John

Age: 16

Year Group: 11 Key Stage: 4

Context: Banking with the class as part of an AQA accredited unit 'Using Banks, Building Societies and Post Offices.

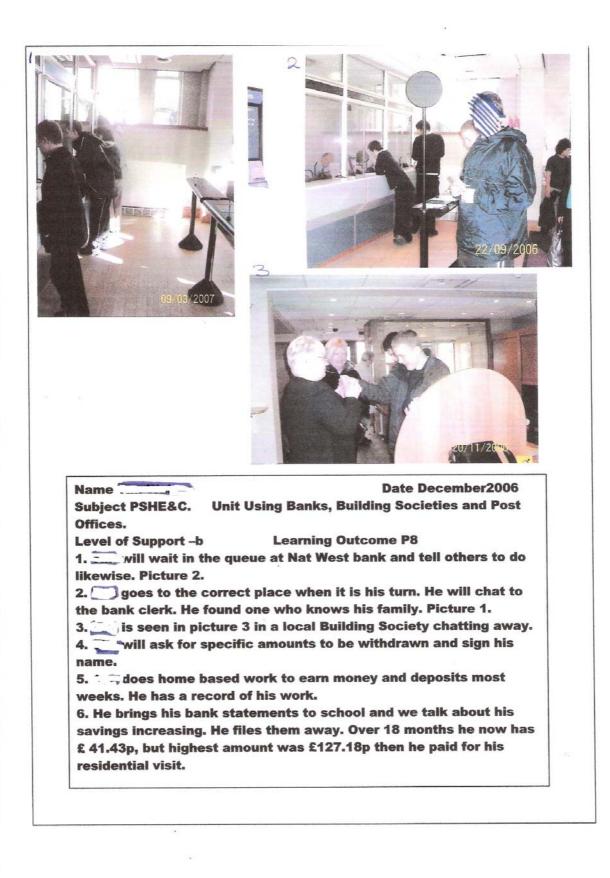
Level of Support: No help given

Assessment: John was able to queue appropriately and wait for his turn. He knew when it was his turn and which cashier to go to.

Level of Attainment: P8

Level Descriptor: Pupils join in a range of activities in one-to-one and in small or large groups. They choose, initiate and follow through new tasks and self selected activities. They understand the need for rules in games and show awareness of how to join in different situations. They understand agreed codes of behaviour which helps groups of people work together and they support each other in behaving appropriately, for example, while queuing in a supermarket. They show a basic understanding of what is right and wrong in familiar situations. They seek help when needed. They are often sensitive to the needs and feelings of others and show respect for themselves and others. They treat living things and their environment with care and concern.

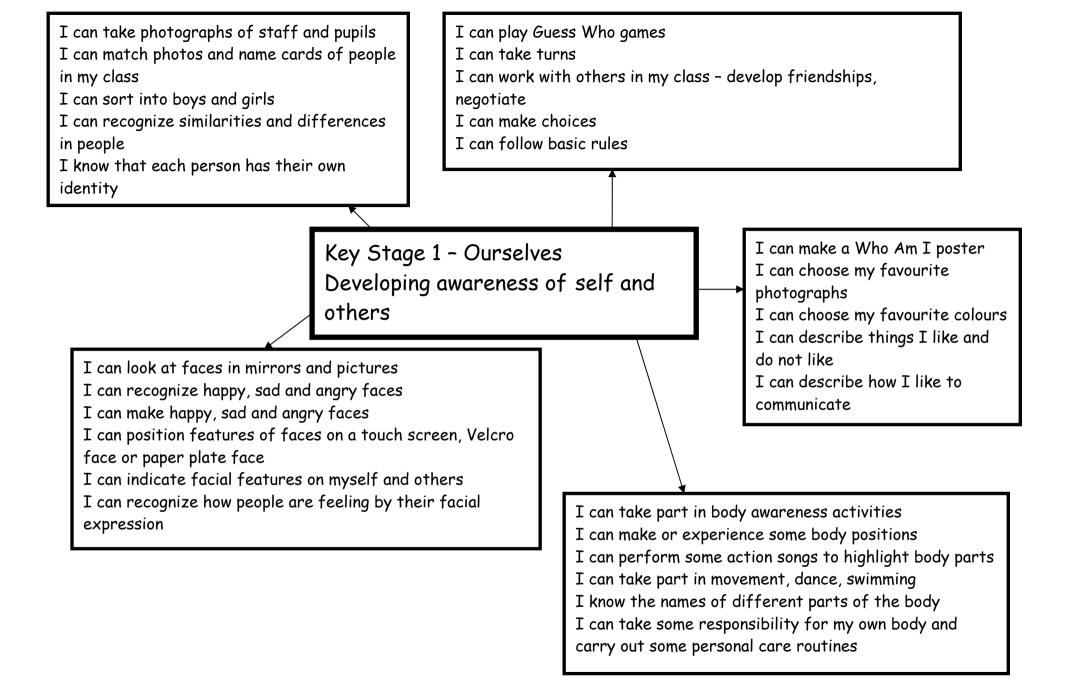
Assessor:	Date:
Moderated P/NC Level:	
Moderated by:	Date:

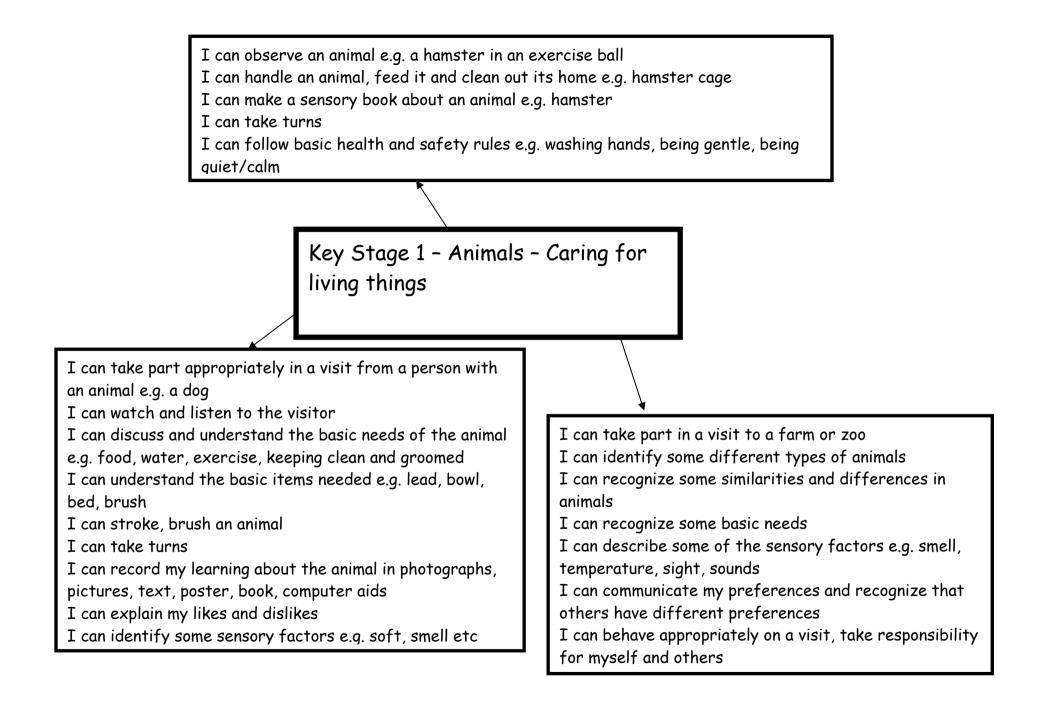


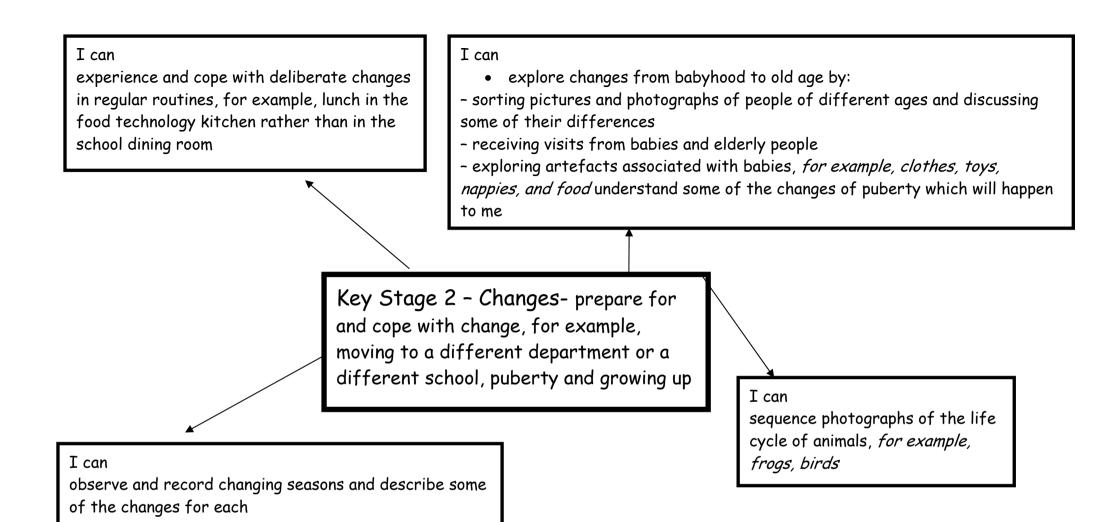


Section Seven

Opportunities and Activities to Assess PSHE and Citizenship for Pupils with LDD







I can

- carry out a survey about personal hygiene, for example, where do they put dirty washing? When do they clean their teeth?
- think about and understand why each activity is important
- explore different toiletries and their smells, and demonstrate where and why they should be used

I can

practise communicating 'no', especially to adults, in a range of situations

• play a drama game where I can choose to say yes or no to questions, such as 'Can I touch your arm?' 'Can I wear your hat?'

• learn and practise to speak, write or recognise my personal information, such as name, address and telephone number

 \cdot discuss and make displays of who I can ask for help, and use role play to ask for help in appropriate situations

• practise how to cross roads and travel safely out in the community.

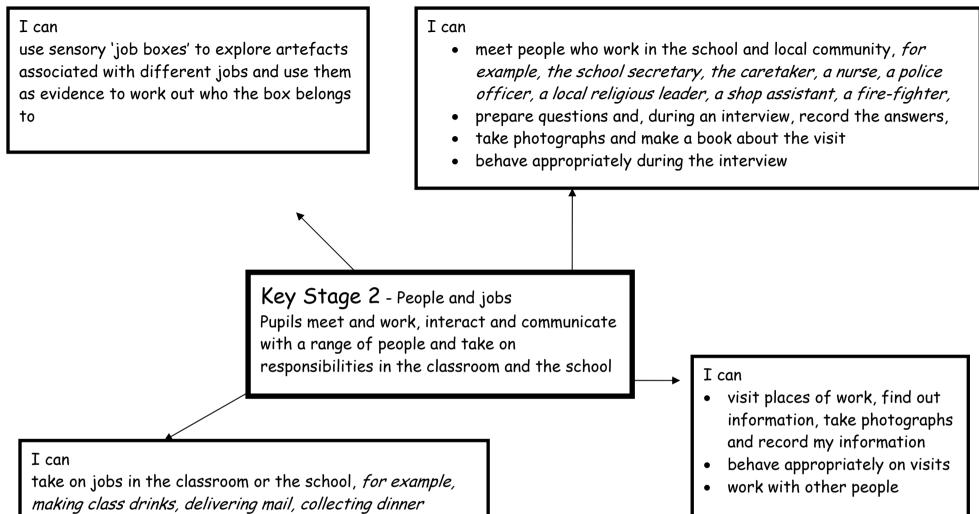
Key Stage 2 - Looking after yourself -Personal hygiene and presentation Keeping Safe Looking after my health

I can

- choose clothes from a selection or from a catalogue, deciding what to wear for different occasions, *for example, to a party, for school, for PE*, and in different seasons
- organise a fashion show and work with others to do so

I can

- meet and visit doctors, nurse and dentists; examine props, for example, stethoscopes, plasters, bandages, and uniforms; and take part in mini-dramas about people who help me with my health
- read and listen to stories about visiting the doctors, dentists or going to the hospital
- describe who to go to for help with different health issues
- behave appropriately on visits



numbers from each class

93



Section Eight

Individual Recording and Assessment Documents for P Scales

Pupil Name :		D.O.B.:			
To achieve P Level 1	Developing				
pupil can :	confidence	an active	a healthy	good	
		role	lifestyle	relationships	
P1(i)					
Encounter activities					
and experiences					
Be passive or resistant.					
Any participation is					
fully prompted					
Show simple reflex					
responses					
Success indicators					
Adult interaction with					
pupil which results in					
change of facial					
expression, visual					
attention, physical					
response or individual					
method of					
communication					
Pupil response needs to					
be observed over half a					
term					
P1(ii)					
Show emerging					
awareness of activities					
and experiences					
Have periods when					
appear alert and ready					
to focus attention on					
certain people, events					
or objects/part objects					
Give intermittent					
reactions					
Success indicators					
Show an awareness of					
contact from others e.g					
massage					
Pupil response such as					
smile, change of facial					
expression, muscle tone					
Response needs to be					
appropriate to activity					

Pupil Name :	D.O.B.:				
To achieve P Level 2	Developing	ng Preparing Developing Developing			
pupil can :	confidence	an active	a healthy	good	
		role	lifestyle	relationships	
P2(i)					
React to new activities					
and experiences					
Respond consistently to					
familiar people, events					
and objects					
Begin to show interest					
in people, events and					
objects					
Accept and engage in					
coactive exploration					
Success indicators					
Withdraw from a					
person who is new to					
them watching as they					
bring own hands					
together, sharing a					
hand massage					
Pupil response needs to					
be observed over half a					
term					
P2(ii)					
Begin to be proactive in					
their interactions					
Communicate consistent					
preferences and					
affective responses					
Recognise familiar					
people, events and					
objects					
Perform actions, often					
by trial and error, and					
remember learned					
responses over short					
periods of time					
Cooperate with shared					
exploration and					
supported participation					
Success indicators					
Expressing immediate					
needs and feelings					

Vocalising or gesturing in a particular way to another member of the class			
Make similar responses several times during an interactive sequence with an adult			
Handling personal belongings passed to them			

Pupil Name :	D.O.B.:				
To achieve P Level 3 pupil can :	Developing confidence	Preparing an active role	Developing a healthy lifestyle	Developing good relationships	SRE
P3(i)					
Begin to communicate intentionally					
Seek attention through eye contact, gesture or action					
Requests events or activities					
Participate in shared activities with less support					
Explores materials in increasingly complex ways					
Observe results of own actions with interest					
Remember learned responses over more extended periods					
Success indicators					
Make a physical movement to gain attention/obtain help					
Indicates wish for interaction to continue eg eye contact/vocalisation					
Cooperating with support for frequently - repeated personal care procedures					
Listen as an adult imitates their own vocalisations					
P3(ii)					
Can use emerging conventional communication					
Greet known people and may initiate interaction and activities					

Can remember learned responses over increasing periods of time and may anticipate known events May respond to options or choices with actions or gestures Actively explore objects and events for more extended periods Apply potential solutions systematically to problems Success indicators Prompting responses from familiar adults/peers by way of a greeting Taking a place at the table when snack/lunchtime is signalled Individualised response to preferences ie choice of a play/work		n		
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Success indicators Image: Superstant Super	solutions systematically			
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snack/lunchtime is signalled Individualised response to preferences ie choice of a play/work	Taking a place at the			
signalled	table when			
Individualised response to preferences ie choice of a play/work	snack/lunchtime is			
to preferences ie choice of a play/work	signalled			
choice of a play/work	Individualised response			
	to preferences ie			
	choice of a play/work			
partner	partner			
Vocalising repeatedly to	Vocalising repeatedly to			
request an interaction	request an interaction			
with a peer or adult	with a peer or adult			

Pupil Name :	D.O.B.:					
To achieve P Level 4 pupil can :	Developing confidence	Preparing an active role	Developing a healthy lifestyle	Developing good relationships	SRE	
P4						
Express feelings, needs, likes and dislikes using single elements of communication - <i>words,</i> <i>gestures, signs or</i>						
<i>symbols</i> Engage in parallel activity with several others						
Follow familiar routines and take part in familiar tasks or activities with support from others						
Show an understanding of "yes/no" and recognise and respond to animated praise or criticism						
Begin to respond to the feelings of others (eg matching their emotions and becoming upset)						
Success indicators						
Developing confidence -	demonstrati choices of d	ing likes/disl	ikes. Respond members	ds emotionally 1	to	
Healthy Lifestyle - Practic	ctical food ac	•	ting selection	of "healthy fo	ods" and	
iden Developing good relation	•	a/role play notions ie sa		e responses to a d can identify l		
SRE - Socially acceptab	le behaviour	•	•	r discourageme r towards other		

Pupil Name : D.O.B.:					
To achieve P Level 5 pupil can :	Developing confidence	Preparing an active role	Developing a healthy lifestyle	Developing good relationships	SRE
P5					
Take part in work or play involving two or three others					
Maintain interactions and take turns in a small group with some support					
Combine two elements of communication to express feelings, needs & choices					
Join in discussions by responding appropriately (vocalising, using					
gestures, symbols or signing) to simple questions about familiar events or experiences					
Success indicators					
Developing confidence -7 responses showing 2 elem Preparing to play an act	ive role as c	nunication to itizens –Wor	express choi k or play in a	<u>ce – facial, voca</u> small group, tal	king
turns, making appropriate interacting with peers.	responses. N	Naking choice	s, appropriat	e social respons	ses,
Developing a healthy life about healthy alternative feelings and choice.	s, demonstra	te 2 element	s of communi	cation to expres	SS
Developing good relation with group using words or	•	-	-	-	
SRE – Taking turns as pa preferences using 2 elem			ing people to	work with, stati	ing

Pupil Name : D.O.B.:					
To achieve P Level 6 pupil can :	Developing confidence	Preparing an active role	Developing a healthy lifestyle	Developing good relationships	SRE
P6					
Respond to others in					
group situations, playing					
or working in a small					
group cooperatively					
(e.g. taking turns					
appropriately)					
Cary out routine					
activities in a familiar					
context and show an					
awareness of the					
results of their own					
actions					
Show concern for					
others (e.g. through					
facial expressions,					
gestures or tone of					
voice)					
Show sympathy for					
others in distress and					
offer comfort					
Success indicators	•	•			
Developing confidence – provided materials, comp group.		•		-	
Preparing to take an ac				5 . 5	
Sit with others and work	•		-	-	ving
respect for others. Show					
Developing a healthy life	•				ness of
rules, indicates need to r	est after phy	sical activity	. Observed ov	ver a half term.	
Developing good relation dough/making sandwiches	•	•	• •		oonises
need for turn taking, con	•	•		• •	-
SRE - Demonstrates con					
help/comforts etc.					

Pupil Name :			D.O.B	. •	
	r	Framework	r		
To achieve P Level 7 pupil can :	Developing confidence	Preparing an active role	Developing a healthy lifestyle	Developing good relationships	SRE
Р7					
Communicate feelings and ideas in simple phrases					
Can move, with support, to new activities – self chosen/directed					
Make purposeful relationships in group activities and negotiate in a variety of situations					
Judge right and wrong on basis of consequence of actions					
Show some consideration of feelings and needs of other people and living things					
Success indicators					
	personal/oth process of b others in thi - can respec	ers possessio orrowing/ret is process. it sharing, w	ons, able to urning items	understand sim, , appreciate fe ke turns, asking	ple elings o
		oets. Involve	s classmates	and imitates t	
Developing good relation	gather start d	together a of activity a	group of pee nd can medic	of work activit ers and organise ate decisions/sh ags of others.	e the
SRE - Socially acceptab		- recognises working/ s or ask to l	the need fo ocialising. Us	or personal spaces the right to eave alone by pl	say "No

Pupil Name :			D.O.B	.:		
PSHE Framework Links						
To achieve P Level 8 pupil can :	Developing confidence	Preparing an active role	Developing a healthy lifestyle	Developing good relationships	SRE	
P8						
Join in a range of activities - 1 to 1/small/large groups Choose, initiate and follow through new tasks/self selected						
activities Understand need for rules in games/show awareness of how to join in different situations						
Understand agreed codes of behaviour/support one another in behaving appropriately						
Show a basic understanding of right and wrong in familiar situations.						
Can seek help as needed						
Show sensitivity to needs and feelings of others and show respect for themselves and others						
Treat living things and their environment with care Success indicators						
Developing confidence - minutes, can wait turns supermarket is proactive Preparing an active role	and behave i e in seeking l - in a ball ge	in a socially help from ad ame type sit	appropriate lult/peer. tuation joins	way, i.e. queue in and tries to	e in a pass to	
own team, plays in ident rule disputes, shows con	-			s adult help to	resolve	

Healthy Lifestyle - can manage own learning and complete set of tasks with minimum of adult prompts, can sustain involvement in group task for at least 5 minutes without adult intervention, can request help and give info re difficulty eg they have head ache, need a plaster, get help if someone is unwell. These indicators would be in role play or in course of normal working day.

Developing good relationships - during meals/ making food wits appropriately, takes turns to use or receive items, assists in clearing away, offers support to anyone who needs it, waits for others to finish and allows others time to be independent. SRE -in changing for PE/swimming - shows awareness of privacy and self respect by using appropriate changing rooms, use of private cubicle, wearing appropriate clothing for activity, discusses personal needs discretely.

End of year Judgement



Section Nine

Responding to Gifted and Talented Pupils' Needs when teaching PSHE and Citizenship

Responding to gifted and talented pupil's needs when teaching PSHE and Citizenship.

The importance of Personal Social Health Education and Citizenship to gifted and talented pupils:

Learning about Personal Social Health Education (PSHE) and Citizenship helps all pupils develop as individuals in the wider society. Pupils learn at different rates to understand themselves physically, emotionally, socially and sexually and to understand their relationships with others. Whilst the content of the PSHE curriculum is dictated by age appropriateness and school policy, the development of skills is on a continuum and therefore should be progressive depending on the ability of the child.

In particular, PSHE and Citizenship offers gifted and talented pupils opportunities to:

- demonstrate outstanding personal confidence, leadership and organisational skills, regardless of their particular academic strength or ability
- form and maintain positive relationships with their peers, and especially people they have only just met
- take calculated risks with their thinking
- think quietly and deeply about moral issues and offer a rich and considered response to them
- become natural listeners, mediators or diplomats
- influence others and 'take them with them'
- instinctively support or defend their peers when they are in distress or being victimised
- independently set their own clear and motivating goals and then achieve them
- be resilient, having the ability to bounce back in the face of setback
- be optimistic, believing that things will probably turn out okay and that 'going for it' will probably be worth the effort

Children may be offered opportunities to develop these qualities through the school's culture, for example:

- peer mentoring schemes
- peer mediating schemes
- class and school councils
- posts of responsibility

Who might gifted, talented and more able children be within the context of PSHE and Citizenship?

PSHE and Citizenship helps children to build confidence and self-esteem, to make choices and understand what influences their decisions. It enables them to recognise, accept and shape their identities; to understand and accommodate difference and change; to recognise and manage their emotions and to communicate constructively in a variety of settings. It helps them to better understand themselves; develop empathy; build and maintain good relationships; work effectively with others and better enjoy and manage their lives.

Some children may shine as more able in PSHE and Citizenship in respect of their sophisticated level of understanding and in this sense may be referred to as 'gifted '. They may be 'talented' in PSHE and Citizenship, in respect of the level or degree of particular personal, social and emotional skills and qualities, which they possess. They

may not necessarily be those children whom we would typically identify as more academically able but these skills and dispositions should be nonetheless be recognised and nurtured.

Do you recognise, celebrate and fully develop the potential in your children who are gifted and talented in PSHE and Citizenship?

Children's abilities lie along a continuum. At one end we have children with additional educational needs and at the other gifted and talented. The implication, then, is that we need to differentiate the learning challenges that we offer to young people in all their subjects, and in cross-curricular learning, to ensure they reach their full potential wherever they are on the continuum.

We also need to recognise that some young people, regardless of their academic ability, have additional inter and intra personal and social learning needs.



Section Ten

List of Related Documents and Websites

Related Documents/Articles/Websites

- NYCC EYFS On Track Assessment for Learning (Revised April 2008)
- Gifted and Talented Lead Teacher Handbook, DCFS
- Primary Subjects, Issue 2, Autumn 2008 Supporting Gifted and Talented Children in PSHE
- Portfolio of moderated examples of pupil's work: P scales and early levels of the national curriculum. SLD outreach support service with Q&I, NYCC
- QCA Planning, Teaching and Assessing the Curriculum for Pupils with Learning Difficulties, PSHE and Citizenship
- PIVATS pivats@ed.lancscc.gov.uk
- SEAL National Strategies Website http://nationalstrategies.standards.dcsf.gov.uk/node/180421
- SEAD National Strategies Website
 <u>http://nationalstrategies.standards.dcsf.gov.uk/node/180421</u>
- QCA Key Stage 1 & 2 non-statutory guidance <u>www.qcda.gov.uk</u>
- SEAL and PSHE and citizenship long term plan
- Clapham CE Primary School 3 year rolling programme
- The new Primary Curriculum <u>http://curriculum.qca.org.uk/new-primary-</u> <u>curriculum/areas-of-learning/index.aspx</u>
- Ofsted Well being Indicators <u>www.ofsted.gov.uk/consultations</u>
- Attainment Targets for Citizenship

Contact us

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